

A Counselor's View of Ireland 2024

...an international institute and refereed conference for
undergraduate students, counseling graduate students,
counselors, supervisors and counselor educators

University of Holy Cross
New Orleans, Louisiana

in partnership with

NBCC International Capacity Building
National Board for Certified Counselors
Greensboro, North Carolina

www.nbcc.org

July 23 – August 3, 2024
in Dublin, Ireland

The institute experience:

- This institute provides the opportunity to learn about counseling from Irish and American counselors. It offers the comfort and security of a planned itinerary. Participants stay the entire period of the institute in Dublin on the campus of Trinity College, sometimes called *the Harvard of Ireland*. In addition to lectures on counseling in Ireland and the Irish culture, participants will spend a whole day in the Irish countryside, another full day in Belfast, Northern Ireland, and will enjoy another day in Kilkenny. There will be a full-day conference with Irish counselors who are members of the Irish Association for Counselling and Psychotherapy. Powerscourt House and Gardens, Glendalough, and the campus of Trinity College will be toured, including a visit to the Book of Kells. A musical show (Riverdance), an evening at Nancy Hand's with dinner and Irish dancing, and additional meals on campus and in pubs and restaurants are included. This institute is sponsored by the University of Holy Cross in partnership with NBCC International Capacity Building, a division of the National Board for Certified Counselors. All costs indicated are in United States Dollars (USD).
- The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs.





The Castle in Kilkenny



Lake at Glendalough



Ha'Penny Bridge in Dublin

COVID-19 Announcement:

We anticipate that international travel will have returned to normal by summer of 2024. However, if Ireland or the United States or the college, museums, or restaurants impose any type of restrictions on international travel at that time, participants will have to conform to participate in an institute.

Cost:

- \$3,550 United States Dollars (USD) Program Fee

Included in the program fee:

- Room (single room in apartment with one other person and shared bath).
- Full Irish breakfast daily, six lunches, one reception, and three dinners.
- 25 continuing education hours (including 3 hours in ethics).
- Full day trips to Glendalough/Powerscourt House and Gardens, Belfast, and Kilkenny
- Transportation within Ireland for tours.
- Full day conference with Irish counsellors.
- Health and travel Insurance.
- Entry to tour locations.
- 3 academic credits for degree-seeking University of Holy Cross students.
 - ½ tuition for students from other universities earning academic credit at University of Holy Cross (if academic credit is desired).
 - See details below for the earning academic credit option.

Not included in the program fee:

- Your roundtrip airfare from your home to Dublin Airport (DUB).
- Five lunches and seven dinners.
- Special beverages beyond coffee or tea at group meals.

- Personal purchases and gifts.
- Transportation from Dublin airport to Trinity College upon arrival and from Trinity College to Dublin airport upon departure. Easy to use buses are available each way for €7 or taxis are available for about €30 to €40.
- Shared taxi fare to/from your on-site counseling agency visit.
- Tours or museums arranged on your own.
- Tuition for participants who wish to earn academic credit if they are not University of Holy Cross degree seeking students. See details below.

Rooms for the Institute:

- Participants will be assigned a private bedroom in a two-bedroom apartment that shares one bathroom and a combined living room and kitchen.
- Apartments are in four-story buildings that do not have elevators.
- Private apartments are not available.
- Participants will be asked their apartment mate preferences and will be assigned an apartment mate if no preference is provided.

Credit options at the University of Holy Cross:

- 3 graduate credits in counseling (master's or doctoral level)
- 3 undergraduate credits in psychology or counseling
- See detailed information below regarding credit course options at the University of Holy Cross and other universities.

Application Information:

To apply for the Institute, click on this link, complete the application, and submit your payment:

<https://www.eventbrite.com/e/a-counselors-view-of-ireland-2024-july-23-august-3-2024-tickets-688624774237?aff=oddtcreator>

You can either pay the deposit (and make two additional payments) or make the full payment when you apply. There is no deadline for applying, but once the institute has filled, no additional participants will be accepted. Capacity is limited so early applications are encouraged.

Payment Information:

Program Fee: \$3,550 USD

Payment Schedule:

\$300 USD deposit due upon approval of application.

\$1,625 first payment due on February 15, 2024;

\$1,625 USD final payment due on May 15, 2024.

Financial Aid: Students who receive loans for their education may be eligible for increased loan amounts the semester they enroll in a study abroad program. Students who wish to make a presentation at an institute might be able to apply at their universities for travel to refereed conferences, if such funding exists. Very few grants exist for international study abroad experiences. If you need a budget for the institute to give to your financial aid officer at your university or if you need additional information about financial aid, contact the program director, Dr. Ted Remley at tremley@uhcno.edu.

Refunds:

COVID-19 Refunds: In the event the institute must be cancelled due to COVID-19 or any other similar world event, all payments made, including deposits, will be refunded.

Deposits: Deposits of \$300 USD are not refundable.

Participants Who Withdraw: Payments made in addition to the \$300 USD deposit are fully refundable until February 15, 2024 if participants withdraw. From February 15, 2024 to May 15, 2024, participants who withdraw will receive a refund of payments made in addition to the deposit less \$1,000 USD due to nonrefundable deposits that will have been previously paid for participants and administrative costs. After May 15, 2024, participants who withdraw will receive no refund.

Institute Cancellation Policy: Three months prior to the institute, if enrollment is not sufficient, the institute will be cancelled, participants will be notified, and all payments including deposits made to the University of Holy Cross for the institute will be refunded to participants. Participants are cautioned that if they purchase air tickets for travel to the institute that are nonrefundable or that include an itinerary change penalty and the institute is cancelled due to low enrollment or for any other reason beyond the control of the university, they will be responsible for any financial loss related to such airfare purchases. This will be the 20th year of international counselor institutes directed by Dr. Ted Remley and the Ireland institute has never been canceled in the past due to low enrollment, but was not held in 2020 and 2021 due to the COVID pandemic. The institute sometimes fills up in November or December of the previous year.

Institute is an Educational Group Experience:

Participants in this institute are members of a large group and must be prepared to be part of a group educational experience. Individuals must be on time for bus trips, take other participants into consideration regarding noise at night, and generally be considerate members of a group. Participants (including faculty, students, professionals, and non-counselors) must make a commitment to arrive on the date and time the institute begins and stay until the date and time that the institute ends. If other obligations or personal interests will preclude participants from being with the group throughout the entire institute, individuals should not apply. During the institute, participants may not engage in any of the following: arrive after the institute begins or leave before the institute is over; rent cars to be used while the institute is in session; plan trips to cities other than those scheduled for the institute except on the free days; spend nights away from the institute site; or engage in other activities that interfere with the group nature of the experience for other participants. It is acceptable for participants to schedule personal trips within Ireland or to other countries prior to or after the institute or during free days or afternoons.

Non-Counselor Participants:

Many non-counselors and non-mental health professionals have participated in this institute in the past. Some have come on their own, and others have been spouses, partners, adult children, relatives, or friends of participants. All participants who attend instructional sessions will receive continuing education hours. All lectures and workshops are open to all participants, but for non-counselors are optional. Non-counselor participants must attend some sessions including orientation and closing meetings. **Non-counselors are welcomed to participate in the institute, but there are no discounts for participants who are not mental health professionals, even if they cannot use the continuing education hours they earn.** Only institute participants are allowed to stay with participants at Trinity College during the dates of the institute.



The Main Entrance to Trinity College in Dublin

Trinity College

Founded in 1592, Trinity College is located in the city centre of Dublin. Read about the college's history at this location: <https://www.tcd.ie/about/history>.



Participants in the 2023 Ireland Institute



Botany Bay where Participant Apartments are Located



The Book of Kells located on the Campus of Trinity College

Seeing Ireland or Other Countries Before or After the Institute: Since round trip airfare from the United States to the airport in Dublin is individually arranged, participants may travel to Dublin early and join the group at Trinity College the day the institute begins. Participants also may stay over after the institute ends if they wish to further explore Ireland or other parts of Europe on their own. Those who stay afterwards may choose to return home from a city other than Dublin. Generally, airfare prices are not more expensive if you fly into one city and country and out of another. Short inexpensive one-way flights to countries close to Ireland and to other cities in Ireland can be purchased separately from tickets to/from Ireland or other European countries.

Staying at Trinity College Dublin Before or After the Institute: If participants want to stay at the Trinity College campus either before or after the institute, they can make individual arrangements to do that by visiting the Trinity College Summer Accommodations webpage which is located at <https://www.tcd.ie/summeraccommodation/>. Be sure to indicate that you will be staying with our group in an apartment in Botany Bay during the institute.



Participants on the Black Taxi Tour in Belfast, Northern Ireland

Tentative Daily Schedule July 23 – August 3, 2024

Date	Day	Activities
2024	Year	
July 23	Tuesday	Depart US; arrive at the Dublin Airport (DUB) the next day.
July 24	Wednesday	Arrive at Dublin Airport; take bus or taxi to Trinity College on your own and check in at the Accommodations Office; Generally apartments are not ready to be checked into until about 3:00 pm; Lunch on your own; Trinity College campus tour on your own after registering online; 5:30-7:00 pm: Introductions and Orientation to Institute in classroom; Group dinner provided.
July 25	Thursday	Breakfast provided at the Buttery; 9:30 am: fast-track (front of the line) tour of the Book of Kells; Tour of Trinity Campus – Book Online on your own; 10:45 am – 12:15 pm: Presentation by Irish counsellor; Lunch provided at the Buttery; 2:00 pm – 5:15 pm: “Irish History and Culture” by Lorcan Collins; Group dinner provided; Evening free.
July 26	Friday	Breakfast provided at the Buttery; All day guided tour of Glendalough and Powerscourt House and Gardens; Lunch provided; Dinner on your own; Evening free.
July 27	Saturday	Breakfast provided at the Buttery; Free day; Lunch on your own; Dinner on your own; Evening free. (Book in advance if you want to visit on your own Galway, the Cliffs or Moher, or other Irish locations for the day.)
July 28	Sunday	Breakfast provided at the Buttery; 9:00-10:30 am: Presentation by Irish counsellor; 10:45 am - 12:15 pm: Presentation by Irish counsellor; Lunch on your own; 5:00 pm, <i>Riverdance</i> Musical, Gaiety Theatre; Dinner on your own; Evening free.
July 29	Monday	Breakfast provided at the Buttery. Full day and evening bus trip to Belfast; Titanic tour; Lunch provided; Black Taxi Tour; Arrive back at campus around 8:00 pm, Dinner on your own; Evening free.
July 30	Tuesday	Breakfast provided at the Buttery; Site visits individually assigned for two hours in the morning; Lunch on your own; Dinner on your own; Afternoon and evening free.
July 31	Wednesday	Breakfast provided at the Buttery; Full day conference with Irish counsellors; Lunch provided; Reception with complimentary beverages and snacks provided after conference; Dinner on your own; Evening free.
August 1	Thursday	Breakfast provided at the Buttery. Full day bus trip to Kilkenny; Tram tour of Kilkenny; Lunch provided at meeting with counsellors in Kilkenny; Tour of Kilkenny Castle; Return to Dublin around 7:30 pm; Dinner on your own; Evening free.
August 2	Friday	Breakfast provided at the Buttery; 10:00 am - noon: Reports from Site Visits and Final Reflections; Lunch on your own; Afternoon free; Farewell dinner and entertainment with group provided.
August 3	Saturday	Depart for the US; Take either bus or taxi from Trinity College to Dublin airport on your own.

Participants will receive a program at the institute with the following information for each presentation: program content description and learning objectives; name and qualifications of each program presenter; and the number of NBCC hours offered for each workshop.



Map of Ireland

Institute Faculty Members

Dr. Ted Remley
Dr. Becky Michel
Dr. Pat Thomas
Dr. Lisa Surrency
Dr. Mona Robinson
Dr. Suzanne Whitehead
Dr. Amy Upton

Institute Director



Dr. Ted Remley

Dr. Ted Remley is the Director of the institute. He is a lawyer and counselor and is a former Executive Director of the American Counseling Association. Dr. Remley is a faculty member in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana.

Institute Faculty Members



Dr. Becky Michel

Dr. Becky Michel is a faculty member at DePaul University in Chicago, Illinois. She is a Licensed Clinical Professional Counselor specializing in career development across the lifespan.



Dr. Pat Thomas

Dr. Pat Thomas is a former high school counselor and is a faculty member in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana.



Dr. Lisa Surrency

Dr. Lisa Surrency is a full-time administrator in a community counseling agency in New Orleans. She assists Dr. Ted Remley with the University of Holy Cross international institutes for counselors and teaches part-time in the counseling graduate program there.



Dr. Mona Robinson

Dr. Mona Robinson is professor and past chair of the Department of Counseling and Higher Education at Ohio University in Athens, Ohio. Dr. Robinson is widely published in the field of rehabilitation counseling. She is interested in counseling internationally and has traveled extensively. Dr. Robinson is a Fellow in the National Association of Multicultural Rehabilitation Concerns.



Dr. Suzanne Whitehead

Dr. Suzanne Whitehead has over 45 years of experience in the human service profession. She has worked as a Respiratory Therapist Supervisor, Substance Abuse Treatment Clinic Program Director, Rape Crisis Center Executive Director, School Counselor Supervisor, Quality Assurance Chief for State Department of Health Substance Abuse Division, and has taught full-time for six years as a Counselor Educator. Suzanne is currently the Program Coordinator of the Counselor Education department at California State University, Stanislaus, and is a Licensed Mental Health Counselor, National Certified Counselor, and Licensed Addiction Counselor. Her research interests have centered around helping the disenfranchised in our nation - substance abusers/addicts, immigrants,

refugees, DACA/Dreamers, and Native Americans - as well as a focus on crisis counseling, and utilizing alternative holistic wellness techniques and strategies for clients and counselors.



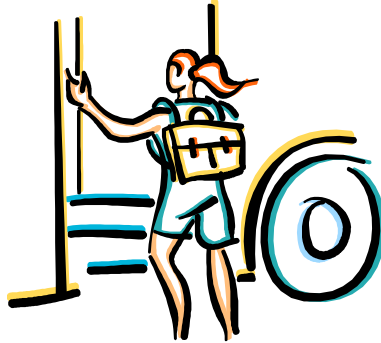
Dr. Amy Upton

Dr. Amy Upton is an Assistant Professor and School Counseling Coordinator at the University of South Alabama in Mobile and is completing her 10th year in this position. Dr. Upton received her master's degree and PhD in Counselor Education from Old Dominion University in Norfolk, Virginia, and worked for 15 years as a middle school and high school counselor in Virginia and also taught as an adjunct faculty member at Old Dominion University. She passionately believes in the importance of the profession of counseling and specifically the impact that school counselors can have on students. Her areas of interest are professional identity development, multicultural competence, and advocacy for students and the profession. Dr. Upton has previously participated in both the Italy and Ireland Institutes with Dr. Remley. Dr. Upton has four children, three grandchildren, and two yellow labs and lives in Daphne, Alabama.



Participants at the Farewell Pub Dinner

Motion Sickness



Caution: If you tend to experience motion sickness, please be advised that the institute involves bus rides through the countryside on winding roads. If motion sickness is a serious problem for you, then you may not want to participate in this institute. If medication can control motion sickness for you, then be sure to bring a supply with you and sit near the front of the bus. The front rows of seats in the bus are reserved for faculty members and guides, but seats near the front will be available for you if you believe your motion sickness will be alleviated by sitting near the front.



Vegetarians



The cafeteria that serves breakfast and lunch is vegetarian friendly. Vegans can also be accommodated. If you have special dietary needs, please list them on your application. Served lunches and dinners will offer dietary options if requested.



The Buttery where Breakfast and Lunch are Served



Inside the Buttery

Credit Course Options

Participants who will earn academic credit and continuing education hours are required to attend program sessions. Academic courses for this institute will be offered in fall semester, 2024. To earn academic credit, students must attend all sessions of the institute in Ireland and then must complete additional assignments during the fall semester. Courses will be completed and credit will be awarded in December, 2024.

Tuition is waived for degree-seeking University of Holy Cross students. UHC students may earn 3 academic credits for their participation in the institute without paying tuition. This tuition waiver is worth over \$2,000.

Participants who are students at other universities may earn academic credit for their participation in the institute at their home college or university or from the University of Holy Cross. Participants who are students at another university may either earn credits at the University of Holy Cross (and pay the tuition to the University of Holy Cross at one-half the tuition rate) and transfer the credits back to their home institutions, or, if a faculty member at the student's home institution agrees, the student may earn academic credit (and pay tuition) at their home institution. There is a \$120 USD fee charged for each credit course. Participants at other colleges or universities who wish to earn credit at the University of Holy Cross must submit an application as a non-degree special student prior to the beginning of summer semester (which begins in May). They must register at the University of Holy Cross for the fall semester, 2024. This half tuition offer is worth over \$1,000.

Those who wish to earn credit at their home college or university should contact Dr. Ted Remley at tremley@uhcno.edu for details regarding that possibility.

Participants who wish to earn 3 academic credits at University of Holy Cross (UHC) may choose from the options described below. If you wish a syllabus for one or more of these courses, contact the institute director, Dr. Ted Remley at tremley@uhcno.edu. It is possible other courses for institute participation may be offered at other universities.

Undergraduate Course Options at the University of Holy Cross

COU 300: Special Topics: Counseling in Ireland

An elective undergraduate 3 credit counseling course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

PSY 400: Special Studies: Counseling in Ireland

An elective undergraduate 3 credit psychology course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Master's Level) at the University of Holy Cross

COU 602: Social and Cultural Foundations in Counseling

A master's level 3 credit course that is required for counseling master's degree students. In some universities, the course is entitled Multicultural Counseling. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 609: Professional Orientation and Ethics in Counseling

A master's level 3 credit course that is required for counseling master's degree students. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 640: Special Topics in Counseling: Counseling in Ireland

An elective master's-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Doctoral Level) at the University of Holy Cross

COU 839: Advanced Multicultural, Ethical, and Legal Issues in Counseling

A doctoral level 3 credit course that is required at UHC for counseling doctoral degree students. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

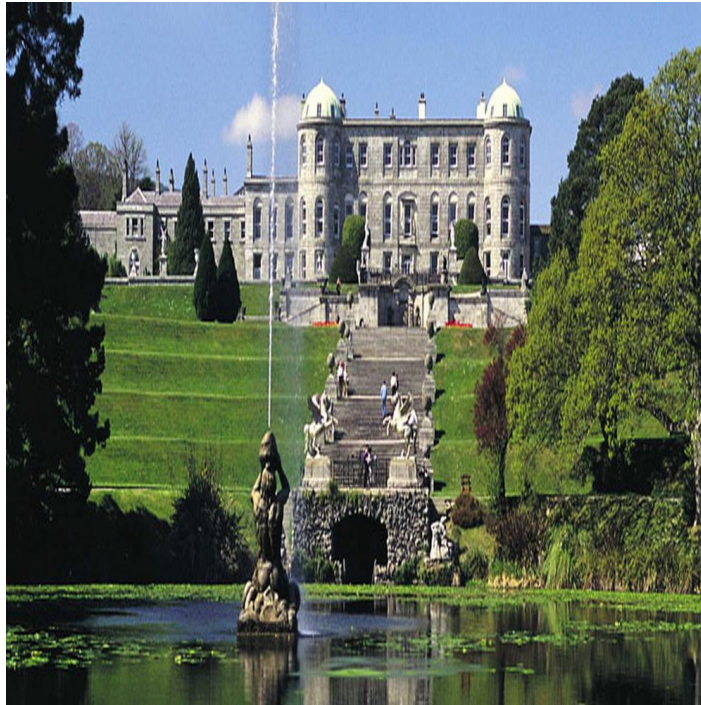
COU 815: Doctoral Seminar in Clinical Studies: Counseling in Ireland

An elective doctoral-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

For further information, contact:

**Dr. Ted Remley
University of Holy Cross
4123 Woodland Drive
New Orleans, LA 70131
tremley@uhcno.edu**

**To learn about other counselor international institutes, visit
<https://uhcno.edu/academics/ways-to-learn/intl-programs.php>**



Powerscourt Home and Gardens



Belfast Black Taxi Tour



Celebrating the Birthday of Dr. Pat Thomas in a Countryside Pub