Play Therapy in Italy

...an international institute and refereed conference for undergraduate students, counseling graduate students, counselors, and counselor educators

Our Lady of Holy Cross College
New Orleans, Louisiana

February 23 – March 5, 2016
Tuscany, Italy

The institute experience:

- This institute provides the opportunity to learn about play therapy from American and Italian experts. It offers the comfort and security of a planned itinerary that includes an American guide who is fluent in Italian. Participants stay the entire institute in the same room in a magnificent 14th century villa that features a spectacular view of the Tuscan hillside. Visits to a small Italian village are possible that provide a flavor of Italy that can only be experienced in the rural countryside. In addition, major cities in Tuscany will be visited, including the culturally rich city of Florence.

Cost:

- $1,995 Program Fee ($300 additional for a single room)

Included in the program fee:

- Room in villa (shared room with shared bath); Single rooms available for additional fee of $300
- Most meals
- 30 continuing education hours (including 3 hours in ethics)
- All transportation within Italy
- Health and travel Insurance
- Entry to two museums in Florence
- English speaking institute guide throughout trip
- Local guide in Siena
- 3 academic credits for degree-seeking Our Lady of Holy Cross students
- ½ tuition for students at other universities earning academic credit at Our Lady of Holy Cross College

Not included in the program fee:

- Your roundtrip airfare from your home to Rome, Italy
- Lunches on day trips to ancient cities
- Hotel room in Rome the evening of March 4, 2016 prior to flight back to the United States
- Wine, soft drinks, and snacks at the villa
- Personal purchases and gifts
- Tuition for participants who wish to earn academic credit if they are not Our Lady of Holy Cross degree-seeking students. See details below.
Credit options:

- 3 graduate credits in counseling (master's or doctoral level)
- 3 undergraduate credits in psychology or counseling

Application Information:

To apply for the institute, complete the application and send it by email attachment to Dr. Ted Remley at tremley@olhcc.edu. Once your application has been reviewed and accepted, you will be given the options for making your deposit and fee payments. There is no deadline for applying, but once the institute has filled, no additional participants will be accepted.

Payment Information:

Program Fee: $1,995

Payment Schedule: $300 deposit due upon approval of application; $848 due on November 1, 2015; and final payment of $847 due on January 7, 2016. (Note: If a single room is requested, the final payment will be $1,147.)

Financial Aid: Students who receive loans for their education may be eligible for increased loan amounts the semester they enroll in a study abroad program. Students who wish to make a presentation at an institute might be able to apply at their universities for travel to refereed conferences, if such funding exists. Very few grants exist for international study abroad experiences. If you need a budget for the institute to give to your financial aid officer at your university or if you need additional information about financial aid, contact the program director, Dr. Ted Remley at tremley@olhcc.edu.

Refunds:

Deposits: Deposits are fully refundable until November 1, 2015, are 50% refundable from November 2, 2015 through January 6, 2016, and are not refundable after January 7, 2016.

Participants Who Withdraw: Payments made in addition to the deposit are fully refundable until December 1, 2015 if participants withdraw. From December 1, 2015 to January 15, 2016, participants who withdraw will receive a refund less $750 due to nonrefundable deposits that will have been previously paid for participants and administrative costs. After January 15, 2016, participants who withdraw will receive no refund.

Institute Cancelation Policy: Three months prior to the institute, if enrollment is not sufficient, the institute will be canceled, participants will be notified, and all payments made to Our Lady of Holy Cross College for the institute will be refunded to participants. Participants are cautioned that if they purchase air tickets for travel to the institute that are nonrefundable or that include an itinerary change penalty and the institute is canceled due to low enrollment or for any other reason beyond the control of the college, they will be responsible for any financial loss related to such airfare purchases. This will be the 13th year of institutes in Italy and the Italy Play Therapy Institute has never been canceled in the past due to low enrollment. In fact, the institute often fills up in November or December of the previous year.

Approved Provider Information

Dr. Teresa Christensen is an Approved Provider of Play Therapy Continuing Education, number 07-197, by the Association for Play Therapy (APT). As the program director, Dr. Christensen reviews and approves all play therapy continuing education provided at this institute.

OLHCC is an approved provider for the National Board of Certified Counselors (NBCC). Provider number 4268.

Institute is an Educational Group Experience

Participants in this institute are members of a large group and must be prepared to be part of a group educational experience. Individuals must be on time for bus trips, take other participants into consideration regarding
noise at night, and generally be considerate members of a group. Participants (including faculty, students, professionals, and non-counselors) must make a commitment to arrive on the date and time the institute begins and stay until the date and time that the institute ends. If other obligations or personal interests will preclude participants from being with the group throughout the entire institute, individuals should not apply. Participants who need medical attention for respiratory problems, allergies, or similar conditions should secure antibiotics or other medication from physicians before leaving from the United States. Individuals who have medical conditions that would require the attention of a physician during the 12 day institute should not apply (emergency physician or hospital visits are possible if necessary). During the institute, participants may not engage in any of the following activities: arrive after the institute begins or leave before the institute is over; rent cars to be used while the institute is in session; plan trips to cities other than those scheduled for the institute; spend nights away from the villa; or engage in other activities that interfere with the group nature of the experience for other participants. It is acceptable for participants to schedule personal trips within Italy or to other countries prior to or after the institute. Individuals who wish to visit other cities on their own while they are in Italy must schedule their visits either prior to the institute beginning or after the institute has ended. It is acceptable for participants to arrive at Casa Cares at the beginning of the institute on their own or leave Casa Cares for personal trips after the institute is over on their own rather than taking the bus back to Rome.

**Non-Counselor Participants**

Many non-counselors and non-mental health professionals have participated in this institute in the past. Some have come on their own, and others have been spouses, partners, children, relatives, or friends of participants. All participants will receive 30 continuing education hours. All lectures and workshops are open to all participants, but for non-counselors are optional. Non-counselors are welcomed to participate in the institute, but there are no discounts for participants who are not mental health professionals, even if they cannot use the continuing education hours they earn. Individuals who are not participants may not stay at the villa while the institute is in session.

*For further information on the study institute contact*

Dr. Ted Remley, Director [tremley@olhcc.edu](mailto:tremley@olhcc.edu)
Seeing Italy Before or After the Institute: Since round trip airfare from the United States to Rome's Fiumicino Airport is individually arranged, participants may travel to Italy early and join the group in Rome or Reggello. Participants may also stay over after the institute ends if they wish to further explore Rome or other parts of Italy or Europe on their own. Those who stay afterwards may choose to return home from a city other than Rome.
### Daily Schedule for 2016

- 23 February (Tuesday): Depart U.S.
- 24 February (Wednesday): Arrive Rome's Fiumicino Airport no later than 10:00 am; Bus to Casa Cares departs 11:00 am
- 25 February (Thursday): Seminars at Villa
- 26 February (Friday): Visit Florence; Uffizi Gallery; Statue of David
- 27 February (Saturday): Seminars at Villa; Dinner at Ristorante Archimede
- 28 February (Sunday): Visit Siena
- 29 February (Monday): Seminars at Villa
- 1 March (Tuesday): Morning Seminars at Villa; Afternoon free (Optional return visit to Florence; Dinner in Florence; late return to Villa)
- 2 March (Wednesday): Seminars at Villa
- 3 March (Thursday): Visit Lucca first, then Pisa
- 4 March (Friday): Bus to Rome's Fiumicino Airport departs at 9:00 am; Arrives at airport at 1:00 pm; overnight stay in Rome (hotels individually booked by participants)
- 5 March (Saturday): Depart Rome for U.S.
Participants in 2015 Institute

**Faculty Leaders**

- Dr. Ted Remley
- Dr. Terry Christensen
- Dr. Kathleen Levingston

**Institute Director**

Dr. Ted Remley

Dr. Ted Remley is the Director of the institute. He is a lawyer and counselor and is a former Executive Director of the American Counseling Association. Dr. Remley is a Professor in the Counseling Graduate Program at Our Lady of Holy Cross College in New Orleans, Louisiana.
Dr. Teresa Christensen is the Program Director. Dr. Christensen is a Full Professor of Counseling at Regis University in Denver, Colorado. She is a Registered Play Therapist Supervisor. Dr. Christensen maintains a part-time private practice where she has counseled children, adolescents, and families for over 19 years.

Dr. Kathleen Levingston is a play therapy institute faculty member. She is a core faculty member in the Mental Health Counseling graduate program at Walden University. Dr. Levingston is a Licensed Professional Counselor and a Registered Play Therapist Supervisor specializing in counseling children, adolescents, and their families.

Dr. Katy Barrington is an institute affiliate faculty member. She is an Associate Professor and art therapy faculty member in the Masters of Counseling Psychology Art Therapy Program at the Adler University in Chicago, Illinois.
Dr. Barrington is a Board Certified Registered Art Therapist (ATR-BC) as well as a Certified Thanatologist (CT), as credentialed by the Association of Death Education and Counseling (ADEC). Dr. Barrington’s specialization is in death education, particularly as it involves families experiencing the loss of a loved one in hospice situations.

Dr. Kelly James

Dr. Kelly James is an institute affiliate faculty member. She is an adjunct faculty member in the counseling graduate programs at Oral Roberts University Southern Nazarene University. Dr. James is a Registered Play Therapist-Supervisor, a Licensed Professional Counselor, and National Certified Counselor. She has a full-time counseling practice in Tulsa, Oklahoma treating individuals who have experienced trauma, counseling children and adolescents with challenging behaviors, and teaching parenting skills.

Dr. Jennifer La Civita

Dr. Jennifer La Civita is an institute affiliate faculty member. She Professor and Chairperson of the Master of Arts in Counseling Psychology: Art Therapy Department at Adler University in Chicago, Illinois. She has over 30 years of experience working in the field of education as a teacher, artist, psychotherapist, art therapist, learning and behavior specialist, and administrative and education consultant. Her private practice of 8 years, La Civita HealthCare, offers all forms of Adlerian Art Therapy: individual and family therapy, as well neuropsychoeducational testing, using a gentle therapeutic approach towards increased wellness, and fostering healthy living through positive psychology.

Motion Sickness?
Caution: If you tend to experience motion sickness, please be advised that the institute involves several bus rides through the Italian countryside on winding roads. If motion sickness is a serious problem for you, then you may not want to participate in this institute. If medication can control motion sickness for you, then be sure to bring a supply with you and sit near the front of the bus. The two front seats in the bus are reserved for faculty members and guides, but seats near the front will be available for you if you believe your motion sickness will be alleviated by sitting near the front.

Vegetarians

The outstanding chefs at Casa Cares are vegetarian friendly. Even vegans are welcomed. But don’t worry carnivores; there are plenty of meat dishes as well. If you have special dietary needs, please list them on your application.

CREDIT COURSE OPTIONS

Participants who will earn academic credit and continuing education hours are required to attend program sessions.

Tuition is waived for degree-seeking Our Lady of Holy Cross students. OLHCC students may earn 3 academic credits for their participation in the institute without paying tuition.

Participants who are students at other universities may earn academic credit for their participation in the institute at their home college or university or from Our Lady of Holy Cross College. Participants who are students at another university may either earn credits at OLHCC (and pay the tuition to OLHCC at one-half the tuition rate) and transfer the credits back to their home institutions, or, if a faculty member at the student’s home institution agrees, the student may earn academic credit (and pay tuition) at their home institution. OLHCC tuition for a 3 credit
undergraduate course is $1,254 and tuition for a 3 credit graduate course is $1,542, so one-half the tuition rate is $627 for a 3 credit undergraduate course and $771 for a 3 credit graduate course. In addition, there is a $100 fee charged for each credit course. Participants at other colleges or universities who wish to earn credit at OLHCC must submit an application as a non-degree special student.

Those who wish to earn credit at their home college or university should contact Dr. Ted Remley at tremley@olhcc.edu for details regarding that possibility.

Participants who wish to earn 3 academic credits at Our Lady of Holy Cross College (OLHCC) may choose from the options described below. If you wish a syllabus for one or more of these courses, contact the institute director, Dr. Ted Remley at tremley@olhcc.edu. It is possible other courses for institute participation may be offered at other universities.

### Undergraduate Course Options at OLHCC

**COU 300: Special Topics: Play Therapy in Italy**

An elective undergraduate 3 credit counseling course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

**PSY 40: Special Studies: Play Therapy in Italy**

An elective undergraduate 3 credit psychology course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

### Graduate Course Options (Master’s Level) at OLHCC

**COU 640: Special Topics in Counseling: Play Therapy in Italy**

An elective master’s-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

### Graduate Course Options (Doctoral Level) at OLHCC

**COU 815: Doctoral Seminar in Clinical Studies: Play Therapy in Italy**

An elective doctoral-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

### For further information, contact:

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