

A Counselor's View of Italy - 2018

...an international institute and refereed conference for
undergraduate students, counseling graduate students,
counselors, and counselor educators

University of Holy Cross
New Orleans, Louisiana

in partnership with

National Board for Certified Counselors
Greensboro, North Carolina

May 21 – June 7, 2018
Tuscany, Italy

The institute experience:

- This institute provides the opportunity to learn about counseling from American and Italian mental health professionals. It offers the comfort and security of a planned itinerary that includes an American guide who is fluent in Italian. Participants stay the entire two weeks in the same room. Classes are held in a magnificent 14th century villa that features a spectacular view of the Tuscan hillside. Visits to a small Italian village are possible that provide a flavor of Italy that can only be experienced in the rural countryside. In addition, major cities in Tuscany will be visited, including two days in the culturally rich city of Florence.
- The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs.



Cost:

- \$2,645 United States Dollars (USD) Program Fee
 - (\$750 USD additional for a single room)

Included in the program fee:

- Room (shared room with shared bath); Single rooms available for additional fee of \$750 USD
- Most meals
- 30 continuing education hours
- All transportation within Italy
- Health and travel Insurance
- Entry to two museums in Florence
- English speaking institute guide throughout trip
- Local guides in Siena and Montepulciano
- 3 academic credits for degree-seeking University of Holy Cross students
- ½ tuition for students at other universities earning academic credit at the University of Holy Cross

Not included in the program fee:

- Your roundtrip airfare from your home to Rome, Italy
- Lunches on day trips to ancient cities
- Hotel room at Rome Airport the evening of May 22, 2018 upon arrival and June 6, 2018 prior to flight back to the United States
- Wine, soft drinks, and snacks at the villa
- Personal purchases and gifts
- Tuition for participants who wish to earn academic credit if they are not University of Holy Cross degree-seeking students. See details below.

Rooms for the Institute

- Rooms share baths.
- Most rooms are in the villa at Casa Cares. See <http://www.casacares.it>. Some participants stay in modern apartments that are located a 10-minute walk from the villa. Apartment residents have kitchens and living areas in shared apartments. See this website to view the apartments: <https://www.airbnb.com/rooms/7587622>
- Participants will share rooms and bathrooms with one or more other participants unless the single room fee of \$750 USD extra is paid.
- Roommate requests will be granted to the extent possible.
- Participants will be asked their room preferences on the institute application.

Credit options at the University of Holy Cross:

- 3 graduate credits in counseling (master's or doctoral level)
- 3 undergraduate credits in psychology, counseling, or art
- See detailed information below regarding credit course options at the University of Holy Cross and other universities.

Application Information:

To apply for the institute, click on this link, complete the application, and submit your payment:

<https://www.eventbrite.com/e/a-counselors-view-of-italy-2018-tickets-37116281798>

Either pay the deposit and make two installment payments later, or make the full payment when you apply. There is no deadline for applying, but once the institute has filled, no additional participants will be accepted. Capacity is limited so early applications are encouraged.

Payment Information:

Program Fee: \$2,645 USD

Payment Schedule: \$300 USD deposit due upon approval of application; \$1,173 USD due on February 1, 2018; and final payment of \$1,172 USD due on April 1, 2018. (Note: If a single room is requested, the final payment will be \$1,922 USD.)

Financial Aid: Students who receive loans for their education may be eligible for increased loan amounts the semester they enroll in a study abroad program. Students who wish to make a presentation at an institute might be able to apply at their universities for travel to refereed conferences, if such funding exists. Very few grants are available for international study abroad experiences. If you need a budget for the institute to give to your financial aid officer at your university or if you need additional information about financial aid, contact the program director, Dr. Ted Remley at tremley@uhcno.edu.

Refunds:

Deposits: Deposits of \$300 USD are not refundable.

Participants Who Withdraw: Payments made in addition to the \$300 USD deposit are fully refundable until March 1, 2018 if participants withdraw. From March 1, 2018 to April 15, 2018, participants who withdraw will receive a refund less \$1,000 USD due to nonrefundable deposits that will have been previously paid for participants and administrative costs. After April 15, 2018, participants who withdraw will receive no refund.

Institute Cancellation Policy: Three months prior to the institute, if enrollment is not sufficient, the institute will be canceled, participants will be notified, and all payments made to the University of Holy Cross for the institute will be refunded to participants. Participants are cautioned that if they purchase air tickets for travel to the institute that are nonrefundable or that include an itinerary change penalty and the institute is canceled due to low enrollment or for any other reason beyond the control of the university, they will be responsible for any financial loss related to such airfare purchases. This will be the 15th year of the institute and it has never been canceled in the past due to low enrollment. In fact, the institute sometimes fills up in November or December of the previous year.

Institute is an Educational Group Experience:

Participants in this institute are members of a large group and must be prepared to be part of a group educational experience. Individuals must be on time for bus trips, take other participants into consideration regarding noise at night, and generally be considerate members of a group. Participants (including faculty, students, professionals, and non-counselors) must make a commitment to arrive on the date and time the institute begins and stay until the date and time that the institute ends. If other obligations or personal interests will preclude participants from being with the group throughout the entire institute, individuals should not apply. Participants who need medical attention for respiratory problems, allergies, or similar conditions should secure antibiotics or other medication from physicians before leaving from the United States. Individuals who have medical conditions that would require the attention of a physician during the two-week institute should not apply (emergency physician or hospital visits are possible if necessary). During the institute, participants may not engage in any of the following activities: arrive after the institute begins or leave before the institute is over; rent cars to be used while the institute is in session; plan trips to cities other than those scheduled for the institute; spend nights away from the institute site; or engage in other activities that interfere with the group nature of the experience for other participants. It is acceptable for participants to schedule personal trips within Italy or to other countries prior to or after the institute. Individuals who wish to visit other cities on their own while they are in Italy must schedule their visits either prior to the institute beginning or after the institute has ended. It is acceptable for participants to arrive at Casa Cares at the beginning of the institute on their own or leave Casa Cares for personal trips after the two-week option institute is over on their own rather than taking the bus back to Rome.

Non-Counselor Participants

Many non-counselors and non-mental health professionals have participated in this institute in the past. Some have come on their own, and others have been spouses, partners, children, relatives, or friends of participants. All participants will receive continuing education hours. All lectures and workshops are open to all

participants, but for non-counselors are optional. Non-counselors are welcomed to participate in the institute, but there are no discounts for participants who are not mental health professionals, even if they cannot use the continuing education hours they earn. Only institute participants are allowed to stay at the institute site during the dates of the institute.



[Casa Cares near Reggello, Italy](http://www.casacares.it)
See <http://www.casacares.it>



[Sunset View from Casa Cares](#)

Seeing Italy Before or After the Institute: Since round trip airfare from the United States to Rome's Fiumicino Airport is individually arranged, participants may travel to Italy early and join the group in Rome or Reggello. Participants are encouraged to arrive in Rome at least one day prior to the beginning of the institute to avoid the possibility of missing the bus to Casa Cares if their flight is late. Participants may stay over after the institute ends if they wish to further explore Rome or other parts of Italy or Europe on their own. Those who stay afterwards may choose to return home from a city other than Rome.



[View from a Window at Casa Cares](#)

Tentative Daily Schedule for 2018

- 21 May (Monday): Depart U.S. if you want to arrive in Rome a day before the bus trip to Casa Cares (hotels for 22 May in Rome individually booked by participants)
- 22 May (Tuesday): Arrive in Rome if you left the US on 21 May (hotels individually booked by participants)
- 23 May (Wednesday): Arrive Rome's Fiumicino Airport no later than 10 am; Bus to Casa Cares departs 11 am (or sooner if everyone arrives by 10 am)
- 24 May (Thursday): Seminars at Villa
- 25 May (Friday): Visit Florence; Uffizi Gallery; Statue of David
- 26 May (Saturday): Seminars at Villa, Outlet Mall Shopping or Visit to Reggello
- 27 May (Sunday): Visit Assisi
- 28 May (Monday): Seminars at Villa; Tuscan Dinner at Ristorante Archimede
- 29 May (Tuesday): Visit Montepulciano and Pienza
- 30 May (Wednesday): Seminars at Villa
- 31 May (Thursday): Visit Siena
- 1 June (Friday): Seminars at Villa
- 2 June (Saturday): Visit Greve & San Gimignano
- 3 June (Sunday): Seminars at Villa & Optional Afternoon Visit to Vallambrosa Monastery
- 4 June (Monday): Visit to Florence
- 5 June (Tuesday): Visit Pisa and Lucca
- 6 June (Wednesday): Bus to Rome's Fiumicino Airport departs Casa Cares at 10 am; Arrive at airport at 2 pm; Overnight stay in Rome (hotels individually booked by participants)
- 7 June (Thursday): Depart Rome for U.S.



Participants in 2017 Institute

Faculty Leaders

Dr. Ted Remley
Dr. Pat Thomas

Institute Director



Dr. Ted Remley

Dr. Ted Remley is the Director of the institute. He is a lawyer and counselor and is a former Executive Director of the American Counseling Association. Dr. Remley is a faculty member and director of the PhD program in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana.

Institute Faculty Member



Dr. Pat Thomas

Dr. Pat Thomas is a former high school counselor and is a faculty member in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana. Dr. Thomas is a former president of the Louisiana Counseling Association.

Affiliate Faculty Members

Dr. Larry Tyson
Dr. Becky Michel
Dr. James Benshoff
Dr. Amy Kirschke



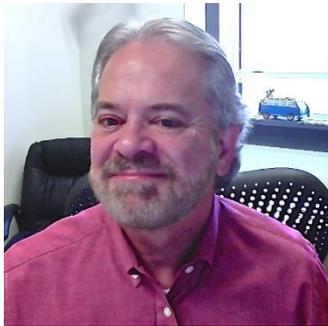
Dr. Larry Tyson

Dr. Larry Tyson is an Associate Professor of Counseling at the University of Alabama-Birmingham. He is a former President of the Florida School Counselor Association, the Florida Counseling Association, and the Alabama Association for Counselor Education and Supervision. He is the School Counseling program advisor of the Zeta Chapter of Chi Sigma Iota.



Dr. Becky Michel

Dr. Becky Michel is an Assistant Professor at DePaul University. She is a Gallup Strengths-Based Educator Facilitator and works with students and clients to develop their own unique strengths in order to foster academic and career success throughout the lifespan.



Dr. James Benschhoff

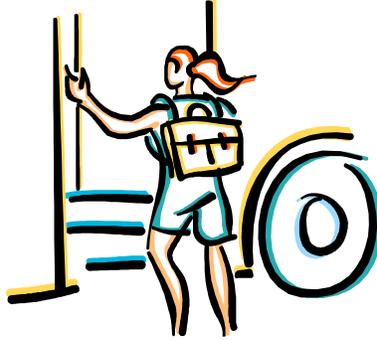
Dr. James Benschhoff is a Professor of Counseling at the University of North Carolina-Greensboro and is a former President of the Association for Counselor Education and Supervision.



Dr. Amy Kirschke

Dr. Amy Kirschke is Professor and Chair of the Department of Art History at the University North Carolina-Wilmington and specializes in modern art, including the art of the African Diaspora and African contemporary art.

Motion Sickness?



Caution: If you tend to experience motion sickness, please be advised that the institute involves several bus rides through the Italian countryside on winding roads. If motion sickness is a serious problem for you, then you may not want to participate in this institute. If medication can control motion sickness for you, then be sure to bring a supply with you and sit near the front of the bus. The two front seats in the bus are reserved for faculty members and guides, but seats near the front will be available for you if you believe your motion sickness will be alleviated by sitting near the front.

Vegetarians



The outstanding chefs at Casa Cares are vegetarian friendly. Even vegans are welcomed. But don't worry carnivores; there are plenty of meat dishes as well. If you have special dietary needs, please list them on your application.

CREDIT COURSE OPTIONS

Participants who will earn academic credit and continuing education hours are required to attend program sessions.

Tuition is waived for degree-seeking University of Holy Cross students. UHC students may earn 3 academic credits for their participation in the institute without paying tuition.

Participants who are students at other universities may earn academic credit for their participation in the institute at their home college or university or from the University of Holy Cross. Participants who are students at another university may either earn credits at UHC (and pay the tuition to UHC at one-half the tuition rate) and transfer the credits back to their home institutions, or, if a faculty member at the student's home institution agrees, the student may earn academic credit (and pay tuition) at their home institution. UHC tuition for a 3-credit undergraduate course in 2016-2017 is \$1,440 USD and tuition for a 3-credit graduate course is \$1,815 USD, so one-half the tuition rate is \$720 USD for a 3 credit undergraduate course and \$907.50 USD for a 3-credit graduate course. In addition, there is a \$120 USD fee charged for each credit course. Participants at other colleges or universities who wish to earn credit at UHC must submit an application as a non-degree special student. Any institute participants who wish to complete credit courses at the University of Holy Cross must be accepted and must register for the appropriate course prior to the beginning of summer term, 2018.

Those who wish to earn credit at their home college or university should contact Dr. Ted Remley at tremley@uhcno.edu for details regarding that possibility.

Participants who wish to earn 3 academic credits at University of Holy Cross (UHC) may choose from the options described below. If you wish a syllabus for one or more of these courses, contact the institute director, Dr. Ted Remley at tremley@uhcno.edu. It is possible other courses for institute participation may be offered at other universities.

Undergraduate Course Options at the University of Holy Cross

COU 300: Special Topics: Counseling in Italy

An elective undergraduate 3 credit counseling course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

PSY 400: Special Studies: Counseling in Italy

An elective undergraduate 3 credit psychology course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Master's Level) at the University of Holy Cross

COU 609: Professional Orientation and Ethics in Counseling

A master's level 3 credit course that is required for counseling master's degree students. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 640: Special Topics in Counseling: Counseling in Italy

An elective master's-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Doctoral Level) at the University of Holy Cross

COU 839: Advanced Multicultural, Ethical, and Legal Issues in Counseling

A doctoral level 3 credit course that is required at UHC for counseling doctoral degree students. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 815: Doctoral Seminar in Clinical Studies: Counseling in Italy

An elective doctoral-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Course Credit Options at the University of Alabama-Birmingham

Counseling master's students at institutions other than the University of Holy Cross who wish to use their institute experience for credit for the required course in multicultural counseling (or social and cultural diversity) should contact Dr. Larry Tyson at ltyson@uab.edu at the University of Alabama-Birmingham to determine whether it would be possible for them to complete the course at UAB with Dr. Tyson.

Course Credit Options at DePaul University

Counseling master's students at institutions other than the University of Holy Cross who wish to use their institute experience for credit for the required course in career counseling (or career/lifestyle counseling) should contact Dr. Rebecca Michel at beckyearhart@gmail.com to determine whether it would be possible for them to complete the course at DePaul University with Dr. Michel.

Course Credit in Art Options at the University of North Carolina-Wilmington

Undergraduate students who wish to earn academic credit in art should contact Dr. Amy Kirschke at kirschkea@uncw.edu to determine whether it would be possible for them to complete an undergraduate art course at the University of North Carolina-Wilmington with Dr. Kirschke.

For further information, contact:

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tremley@uhcno.edu