

# PROGRAM

## Law and Ethics in Counseling Conference 2018 (Third Annual)

January 30 - February 2, 2018  
Bourbon Orleans Hotel  
New Orleans, Louisiana

offered by  
**University of Holy Cross**  
New Orleans, Louisiana



**University of Holy Cross**

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## Daily Schedule

**Tuesday  
January 30, 2018**

**1:00 – 4:30 pm**

**Registration and Information  
Orleans Ballroom Foyer**

**4:30 – 5:00 pm**

**Welcome**  
**Dr. Ted Remley, Conference Chair**  
Professor, University of Holy Cross  
**Dr. David “Buck” Landry**  
President, University of Holy Cross  
**Dr. Victoria Dahmes**  
Provost, University of Holy Cross  
**Dr. Carolyn White**  
Dean of Counseling, Education, & Business  
University of Holy Cross

**5:00 – 6:00 pm**

**Keynote Speaker:**  
**Mary Hermann, JD, PhD, LPC**  
Professor  
Virginia Commonwealth University  
Richmond, Virginia

**Counselors and the Law:**  
**What Every Practitioner, Supervisor, and  
Counselor Educator Needs to Know**  
**Room: Orleans Ballroom**

**6:00 – 7:30 pm**

**Reception**  
**Rooms: St. Mary Salon 1 & 2 & Pool Patio**  
Enjoy New Orleans Hors d’oeuvres & a Brass Band



## Wednesday January 31, 2018

**7:45 am – 5:30 pm**

**Registration and Information  
Orleans Ballroom Foyer**

**8: 30 – 9:30 am**

### **1. Counseling Self-Harming Adults and Children: Ethical Issues for Practice**

Shirin Khosravi-Najafabadi, MS, LPC; Department of Psychology, Counseling, and Special Education  
Texas A&M University-Commerce

Kevin C. Snow, PhD, MA, NCC, ACS; Assistant Professor of Counseling, Department of Psychology, Counseling,  
and Special Education Texas A&M University-Commerce

**ABSTRACT:** As self-injurious behaviors continue to rise, it is important for mental health professionals to have an understanding of the reasoning behind the action. Ethical practice as well as a strong diversity background can help adolescents and adults receive the best care.

**Room: Orleans Ballroom**

### **2. Situational Ethics and the Helping Professions**

DeVon Mills, MA, LAPC, LAMFT; Adjunct Professor, Richmond Graduate University, Chattanooga, Tennessee  
Tyler Wilkinson, PhD, LPC, NCC, ACS; Assistant Professor/Program Coordinator, Mercer University, Macon,  
Georgia

**ABSTRACT:** Most clinicians will be confronted with unexpected situations over the course of their careers. This session will address how professional effectiveness is affected by situations beyond a practitioners' control. It also addresses how unexpected situations can influence practitioners' ethical decision-making and potential consequences that result when deviating from professional protocol.

**Room: St. Joseph Salon**

### **3. Ethical Implications of Using Apps in Therapeutic Settings**

Shauna Frisbie, EdD, LPC; Associate Professor, Lubbock Christian University, Lubbock, Texas

Kaylene Brown, PhD, LPC; Associate Professor, Lubbock Christian University, Lubbock, Texas

Beth Robinson, EdD, LPC; Professor, Lubbock Christian University, Lubbock, Texas

Jenene Alexander, PhD, LPC, Nationally Certified School Psychologist; Associate Professor, Harding University

Erin Aaron, MS, Doctoral student, Grand Canyon University, Phoenix, Arizona

**ABSTRACT:** The number of mental health apps has exploded in recent years. Counselors have begun to use therapeutic apps in session and as homework. However, there is limited research to demonstrate the effectiveness of using apps. The ethical implications of selecting and using apps will be discussed in this presentation.

**Room: St. Ann Cottage Salon 1**

#### **4. Navigating and Understanding Counselor-Client Boundary Issues as an Internship Student or New Clinician**

Erik Braun, PhD, PLPC, NCC, Assistant Professor at Northwestern State University of Louisiana, Natchitoches

**ABSTRACT:** Ethics do not necessarily provide concrete rules on some aspects of counselor-client boundaries. How we respond can impact client welfare and the dynamic. While giving a client a ride home may not be explicitly prohibited, unforeseen difficulties may result. The presenter will discuss these issues and lead case study discussions.

**Room: St. Ann Cottage Salon 2**

#### **Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2**

##### **Roundtables:**

##### **1. Ethical Considerations in Clinical Practice with Refugees**

Shadin Atiyeh, MA, LPC, NCC, ACS; Employment Programs Manager Jewish Family Services of Washtenaw County, Ann Arbor, Michigan

Letitia Browne-James, MA, LMHC-S, NCC; CES Doctoral Student, Walden University, Minneapolis, Minnesota  
Mina Attia, MS, LGPC, NCC, VA Resident in Counseling; PhD Student, James Madison University, Harrisonburg, Virginia

**Abstract:** This session will focus on common ethical concerns when working with refugees in clinical practice and will provide the background information a clinician would need to work ethically with refugees. Using case studies, presenters will demonstrate ethical decision-making processes while highlighting special considerations for refugees resettled in the United States.

##### **2. From State Licensed to a State of Limbo: The Challenge of Moving to Another State**

D. Robert Casares, Jr., PhD, LPC, PLMFT, NCC; Assistant Professor, Wake Forest University, Winston-Salem, North Carolina

**Abstract** This session will provide an overview of the similarities, differences, and limitations associated with counselor licensure portability and reciprocity in the United States. An emphasis will be placed on the common difficulties encountered when counselors move from one state to another and possible solutions to these obstacles will be explored. The presenter will also share his recent experiences with navigating the licensure process in a new state.

##### **3. Ethical Utilization of Social Media in the Mental Health Field**

Jonathan D. Brown, M.S., Mercer University, Macon, Georgia

**Abstract** A constantly progressing area of society is technology, specifically, social media. This presentation will focus on what can be considered best practice when utilizing social media for personal and professional purposes.

##### **4. Legal, Ethical, and Psychological Implications of the Ban on Transgender Military Service in the United States**

Kelly Davis, MA; University of Northern Colorado, Greeley

**Abstract:** The repeal and reenactment of the ban on transgender military service has created a landscape of uncertainty for transgender service members and their families. Barriers facing this community and gaps in knowledge are discussed. Legal and ethical issues relating to diagnosis, treatment, and research of transgender service members are identified.

##### **5. Ethical Considerations for the Diagnosis and Treatment of Children with Psychopathic Traits**

Jessica Long, MS; Doctoral Student of Counselor Education and Supervision, Penfield College of Mercer University, Macon Georgia

**Abstract:** Recent studies suggest that psychopathic traits are present in at least 1 percent of children worldwide. Their diagnoses range from attention deficit disorder and autism to oppositional defiant disorder and conduct disorder. This presentation seeks to identify the ethical considerations of diagnosing and treating children who exhibit psychopathic traits.

##### **6. Sexually Exploited Children: Exploring Ways to Meet the Ethical Mandate for Advocacy**

Lynn Paige, MAMFT, APC, Certificate in Sex Therapy, AAMFT; Doctoral Student, Mercer University, Macon, Georgia

Ralph G. Menard, MS, APC; Doctoral Student, Mercer University, Macon, Georgia

**Abstract:** There are an estimated 3 million youth that are victims of sexual exploration (Classen et al., 2011). Therefore, the presenters will contextualize the phenomena of childhood sexual abuse and human sex trafficking. We will identify warning signs of sexual trauma and explore ways to meet the ethical mandate for advocacy.

### **7. Ethical Decision-Making for Counselors in an Unpredictable Environment**

Lucy Elliott Roberts, MA; Doctoral Student in Educational Psychology, University of Alabama, Tuscaloosa, Alabama

**Abstract:** Increased social awareness and political changes in recent years have required counselors to critically assess their responsibilities as advocates for their clients. Counselors must adapt to social and political changes, recognize their legal responsibilities, and abide by the ethical standards of the counseling profession when making decisions in an unpredictable environment.

### **8. In the Best Interest of the Child: How to Voice and Support Clinical Recommendations that Make a Difference for Clients Involved with Child Protective Services (CPS).**

Annabelle Shestak, MS, NCC; Doctoral Student, Project CARE Clinician, University of Massachusetts – Lowell; MHA of Greater Lowell

Tsvetina Kamenova, MA, GDL; Clinician, Justice Resource Institute, Needham, Massachusetts

**Abstract:** When clients are involved with CPS, counselors enter a web of potentially conflicting client, family, and systemic interests. This presentation will help counselors navigate these legal, ethical, and clinical complexities through a discussion of case studies, current child welfare research, key policies, and opportunities for advocacy.

**Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2**

**9:30 – 10:00 am**

**Coffee Break**

**10:00 – 11:00 am**

### **1. Ethical Considerations in Self-Disclosure for Divorced Counselors Working with Couples**

Tanya Radecker, PhD, RN, LPC-S, NCC; Owner and Executive Director, A Balanced Change Counseling and Supervision Center, New Orleans, Louisiana

**ABSTRACT:** This presentation reviews findings from dissertation research examining the experience of divorced mental health professionals working with couples. From an ethical standpoint, self-disclosure should only be utilized to benefit the client. Determining whether the information is beneficial or not can at times be a difficult. For divorced counselors working with couples, deciding whether it is beneficial to disclose their own marital status can be a challenge.

**Room: Orleans Ballroom**

### **2. Audio Recording Accommodations in Counselor Education: Exploring the Intersection of the American Disability Act, Ethics in Counselor Education, and Professional Liability**

Ryan Bowers, PhD, NCC, LPC, CAADC; Assistant Professor, Immaculata University, Immaculata, Pennsylvania  
Beth A. Bowers J.D., Pennsylvania State Board of Law Examiners, New Jersey State Board of Bar Examiners, United States District Court, Eastern District of Pennsylvania and Certified Workers' Compensation Law Specialist; Attorney, Haggerty, Goldberg, Schleifer & Kupersmith, P.C., Bethlehem, Pennsylvania

**ABSTRACT:** Counselor educators are required to comply with classroom ADA requests, which poses the distinct possibility of professional liability due to inconsistencies in federal and state wiretapping laws, academic freedom, and personal disclosure in the classroom. This presentation will address current laws, ethical implications, and interventions to safeguard educators and students.

**Room: St. Joseph Salon**

### **3. Ethical and Cultural Adaptations of Trauma Interventions**

Beth Robinson, EdD, LPC-S, CSC; Professor, Lubbock Christian University, Lubbock, Texas

Erin Aaron, MS; Doctoral student, Grand Canyon University, Phoenix, Arizona

Shauna Frisbie, EdD, LPC-S, NCC, DCC; Associate Professor, Lubbock Christian University, Lubbock, Texas

Jenene Alexander, PhD, LPC, NCSP; Professor, Harding University, Searcy, Arkansas

Kaylene Brown, EdD, LPC; Assistant Professor, Lubbock Christian University, Lubbock, Texas

**ABSTRACT:** Providing effective interventions in other cultures requires an ethical cultural adaptation (ECA) of the treatment to be developed. An ECA is evaluated on the degree of local acceptance and the relief clients experience. An ECA regards the community as a valuable partner, avoids harm, alleviates suffering, facilitates fruitful change, and is sustainable.

**Room: St. Ann Cottage Salon 1**

#### **4. Tweet or Delete? Ethical Decision-Making for Advocacy in Social Media**

Andrew M. Byrne, PhD, CRC; Assistant Professor, College of Science and Mathematics, California Polytechnic State University, San Luis Obispo, California

Martha H. Chapin, PhD, LPC, CRC, NCC, CDMS; Professor, Department of Addictions & Rehabilitation Studies, College of Allied Health Sciences, East Carolina University, Greenville, North Carolina

**ABSTRACT:** According to counseling (ACA, CRCC) codes of ethics, counselors advocate for institutional, personal, and professional causes. Navigating professionally as counselor advocates on social media can pose unique ethical dilemmas. This presentation will apply ethical decision-making models to the rarely addressed role of counselor as advocate in a digital world.

**Room: St. Ann Cottage Salon 2**

### **Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2**

#### **Roundtables:**

##### **1. Legal and Ethical Imperatives for Supporting Trans and Gender Expansive Youth**

Rebekah Byrd, PhD, LPC, NCC, RPT-S; Associate Professor, East Tennessee State University, Johnson City, Tennessee

Emily Donald, PhD, LPC-S, NCC, ACS, RPT; Assistant Professor, East Tennessee State University, Johnson City, Tennessee

**Abstract:** Counselors are legally and ethically called to provide affirmative services to trans and gender-expansive youth. Counselors, whether working in schools, agencies or private practices, must affirm all clients. This presentation will provide counselors with legal and ethical information and resources for honing skills for supporting gender-expansive youth.

##### **2. Ethical Considerations in Mentoring Relationships**

Roxane L. Dufrene, PhD, LPC, LMFT, NCC; Associate Professor; University of New Orleans, Louisiana

Chantrelle D. Varnado-Johnson, MEd, LPC-S, NCC; Doctoral Candidate, University of New Orleans, Louisiana

**Abstract:** This presentation will describe mentoring opportunities for faculty and counseling students, especially related to collaborative presentations and joint research. Responsibilities of both parties will be discussed within the framework of ACA's Code of Ethics. Considerations will be provided of how mentoring relationships are developed and maintained.

##### **3. The Mental Health Parity and Addiction Equity Act (MHPAEA): Current Louisiana Implications**

George W. Hebert, PhD, LLP, LCSP, Louisiana Certified Supervisor of School Psychological Services; Assistant Professor and Licensed Psychologist, LSU Health Sciences Center, New Orleans, Louisiana

Kimberly N. Frazier, Ph.D., LPC, LMFT, NCC; Associate Professor, Licensed Professional Counselor, LSU Health Sciences Center, New Orleans, Louisiana

**Abstract:** Access to mental health care has plagued the United States for decades. This presentation will analyze the equity progress provided by the Mental Health Parity and Addiction Act (MHPAEA) for both children and adults. Race and ethnicity issues will be explored and discussed especially as it relates to Louisiana residents.

##### **4. I Am a K-12 Guidance Counselor and I Have Been Assigned Section 504 Duties. Help!**

John E. McCook, EdD; Director of Masters Initial Licensure Program, Assistant Professor, Lincoln Memorial University, Harrogate, Tennessee

Connie Theriot, PhD; Professor, Lincoln Memorial University, Harrogate, Tennessee

**Abstract:** In many school districts the responsibility for implementing Section 504 is given to guidance counselors who have received little if any training regarding the legalities of Section 504. This session explores the "new" law and its implementation responsibilities.

##### **5. The Ethical Dilemma of Addressing Politics and Election Related Stress in Mental Health Counseling**

Laurie Ann Persh, MeD, LCPC, LMFT, NCC, CCMHC, EAP-C; Counselor/Psychotherapist, Employee Assistance Professionals of America; Silver Spring, Maryland

Angele Moss-Baker, MA, LPC, LMFT, EAS-C, MAC, DCMHS; Therapist, Employee Assistance Professionals of America; Silver Spring, Maryland

**Abstract:** Counselors and supervisors need to be prepared to deal with the stress that the current political climate has influenced. Participants will be encouraged to assess their own political views, values, and biases while they consider principles of cultural competence and professional ethics as clients bring these issues to counseling.

##### **6. Before You Pack Your Bags: Reciprocity/Portability in State Counseling Licensure**

Cassandra H. Riemer, MA, Doctoral Student, University of Holy Cross, New Orleans, Louisiana

Ashley Clayton, MA, PLPC; Doctoral Student, University of Holy Cross, New Orleans, Louisiana

**Abstract:** For many Mental Health Professionals, moving across state lines, is a tale of woe. This multimedia presentation will examine the challenge of reciprocity/portability in State Counseling Licensure, review ACA advocacy and accomplishments, and provide pertinent information for those who are considering moving or practicing in more than one state.

**7. Counselor as Client: Exploring the Ethics of Mandated Psychotherapy as a Component of Counselor Education, Training, and Wellness**

Devona Stalnaker-Shofner, EdD, LPC; Assistant Professor, Antioch University New England, Keene, New Hampshire

**Abstract:** This presentation explores the debate about the importance of students, counselors-in-training, and practicing professionals engaging in their own personal therapy for education, training, and clinical practice. It is asserted that personal counseling should be considered an ethical mandate for personal and professional growth, competency, and overall wellness.

**8. When Law and Ethics Do Not Agree: Looking at Conscientious Objection Laws as a Professional Counselor**

Michelle E. Wade, EdD, LCPC, LPC, NCC, ACS, DCC; Assistant Professor, Marymount University, Arlington, Virginia

Sally Harney, PhD; Graduate Student, Marymount University, Arlington, Virginia

**Abstract:** The ACA Code of Ethics (2014) insists personal values of the counselor come second to the needs of the client. However, states are passing conscientious objection laws allowing counselors' religious beliefs to be of more importance. This presentation will look at how to navigate potential conflicts from an ethical perspective.

**Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2**

**11:15 – 12: 15 pm**

**Keynote Speaker:**

**Naoise Kelly**

**CEO, International Association of Counseling**

**Dublin, Ireland**

**Counseling Ethics Worldwide**

**Room: Orleans Ballroom**

**12:15 – 1:45 pm**

**Lunch and Poster Sessions**

**Room: Orleans Ballroom Foyer**

**Poster Sessions**

**All poster sessions will be displayed in the Orleans Ballroom Foyer**

**(one continuing education hour may be earned for attending poster sessions)**

**1. Caught in the Middle: When Counselors Find Themselves Being A Secret Keeper in Couples Counseling**

Christine Ebrahim, PhD, LPC-S, NCC; Associate Professor; Loyola University New Orleans, Louisiana

Lauren Dayan, BA; Graduate Student, Loyola University of New Orleans, Louisiana

Bryn Hickey, BA; Graduate Student, Loyola University of New Orleans, Louisiana

**ABSTRACT:** Couples counselors may find themselves in the position of unintentionally becoming a secret keeper for one of the partners in therapy. Whether the information was shared via email, voicemail, text, or in person, the resulting predicament can make it difficult to proceed. What is the ethical next step? The presenters explore the consequences of being a secret keeper and compile a list of solutions that may guide a counselor ethically.

**2. Internet Addiction**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana

Adele McMaster, BA; Case Worker, Greenpath International, New Orleans, Louisiana

**ABSTRACT:** This study examined Internet addiction among college students. I gave the Internet Addiction Test to 30 students at the University of Holy Cross, who answered anonymously. I compared the African American students to Caucasian students. I found that total online usage in both, African American and Caucasian, was about the same.

### **3. Bereavement in College Students**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Alicia Engelhardt; Graduate Student, University of Holy Cross, New Orleans, Louisiana

**ABSTRACT:** I researched two different styles of coping methods utilized by graduate students after a significant loss. I asked 34 students to answer the Brief Cope Inventory anonymously and then I analyzed the results. I compared two different religious groups (Protestants and Catholics) on problem-based and emotion-based coping. The results indicated that problem-based and emotion-based coping were positively correlated, which was the opposite result of what I expected.

### **4. Resiliency in Widows**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Christine Dusang; Graduate Student, University of Holy Cross, New Orleans, Louisiana

**ABSTRACT:** My purpose was to see if cause of death made a difference in the resilience in widowed women. I used snowballing to get 18 widows to complete a resilience questionnaire, and divided them into 2 groups: widowed by accidental death (n = 5), and widowed by death due to medical causes (n = 13). The two groups were about the same in resilience, both showed high scores in resilience. For these women, whether the death was accidental or not made no difference in their resilience.

### **5. A Bittersweet Journey: The Race Toward White Identity Development**

Christine Ebrahim, PhD, LPC-S, NCC; Associate Professor; Loyola University New Orleans, Louisiana  
Oriell Romano, BA; Graduate Student, Loyola University of New Orleans, Louisiana  
Sean Brite, BA; Graduate Student, Loyola University of New Orleans, Louisiana

**ABSTRACT:** We discuss the importance of utilizing experiential teaching methods in multicultural counseling education. We will review Helms's model of White racial identity development, and other relevant literature, as a crucial concept in multicultural education, particularly for White counseling students (Helms, 1995), and describe how Janet Helms' model of White racial identity development was integrated with the popular childhood game Candyland© to design an original, educational, multicultural game. We will then describe how we utilized the game at Loyola University in the spring of 2017 as a tool to educate graduate counseling students on White racial identity development and explain how it promotes multicultural discussions and awareness for counseling and other related professionals.

### **6. Avoidant Attachment, Infidelity, and Gender**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Paul Johnson, BA; Graduate Student, University of Holy Cross, New Orleans, Louisiana

**ABSTRACT:** This study examined the relationship between avoidant attachment and infidelity behaviors within a university student population. Although no significant correlation was found between avoidant attachment and infidelity, men reported significantly more acts of infidelity than women.

### **7. Stillbirth and Depression**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Patti-Rae Arocha; Preschool Coordinator, Calvary Baptist Church, New Orleans, Louisiana

**ABSTRACT:** To explore whether length of pregnancy was associated with depression symptoms in women after stillbirth, I surveyed 68 women who experienced a stillbirth between 15-41 weeks into their pregnancy. At the time of the survey, it had been an average of 2.5 years since the stillbirth. These women reported a moderate number of depression symptoms, but these depression symptoms were unrelated to length of pregnancy or amount of time they saw the baby.

### **8. Reactions to Loss**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Dondra Houston, BS; Mental Health Technician, Behavioral Unit, Children's Hospital, New Orleans, Louisiana

**ABSTRACT:** The purpose of this study was to measure grief and reactions to loss based on how close the person was to their loved one. I got 50 college students to complete The Adult to Grief scale, which measured closeness, total grieving, and total loss. Grief correlated significantly with closeness; women and men were tied in grief and closeness. The closeness of the relationship was a major factor in the grieving process and their ability to move forward.

### **9. When Your Consultants Disagree: Examining Counselor and Consultant Biases Related to Termination and Referral**

Christine Ebrahim, PhD, LPC-S, NCC; Associate Professor; Loyola University New Orleans, Louisiana  
Karen Hochheiser, BA; Graduate Student, Loyola University of New Orleans, Louisiana

**ABSTRACT:** The ACA Code of Ethics says we must avoid terminating/referring a client based solely on values. Consultation helps us stay objective when values might be influencing our decision. But what if our consultants



disagree? This poster examines the case of a counselor simultaneously working with a sexual assault survivor and her accused perpetrator. Consultant recommendations related to termination/referral are provided and possible counselor and consultant biases are examined.

#### **10. Bullying**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Mashariki “Riki” Smith, BS; Preschool Teacher, Celebration Church, Metairie, Louisiana

**ABSTRACT:** I wanted to understand bullying, so I got 50 undergraduates from the University of Holy Cross to complete the School Climate Bullying Survey (SCBS), which has questions about willingness to seek help and prevalence of bullying and teasing. These undergraduates answered questions anonymously about their experience of bullying in high school. African American and Caucasian American students were about the same in willingness to seek help and prevalence means, both of which were in the middle. Any bullying is harmful, but my results indicate that students remember some, but not a whole lot of it happening to them in high school.

#### **11. PTSD Symptoms in Police Officers**

Lillian Range, PhD, Licensed Psychologist; Professor; University of Holy Cross, New Orleans, Louisiana  
Kelly Grose Miller, BA; Truancy Officer, Families in Need of Services (FINS), Louisiana Supreme Court, 34th Judicial District, St. Bernard Parish, Louisiana

**ABSTRACT:** This study examined the prevalence of PTSD Symptoms in police officers and their ability to deal with trauma. The PTSD-Civilian questionnaire was administered to 150 police officers through the Louisiana Fraternal Order of Police, and the results showed that police officers have learned to work through the daily traumatic events occurring in the line of duty.

#### **12. Peer-Mediation with Students Diagnosed with Emotional and Mental Disorders in Schools**

Cassandra Chambers, MA, PLPC; Site Coordinator, Communities in Schools, New Orleans, Louisiana  
Morgan Bloomfield, MS, PLPC; Site Coordinator, Communities in Schools, New Orleans, Louisiana  
Leslie DeMartin, LPC, NCC; Site Coordinator, Renew Accelerated, Communities in Schools, New Orleans, Louisiana

**ABSTRACT:** Due to an increase in students diagnosed with emotional and mental disorders in schools today, many school counselors find themselves spending increasing amounts of time trying to find effective interventions for students in order to accommodate their IEP and/ or IAP exceptionalities. Whether a student has a mental health diagnosis or not, we can be certain that nearly all youth desire recognition and social engagement with their peers. An effective tool in engaging students with their classmates, peer mediation programs can help counselors provide support to emotionally and mentally ill students and teach them, as well as the students with behavioral concerns, important lessons that they may be able to use for years after. For our poster session, we will look at various activities students can engage in and the benefits to the students with emotional and mental disorders as well as behavioral concerns while undergoing treatment.

**All above poster sessions will be displayed in the Orleans Ballroom Foyer**

**1:45 – 2:45 pm**

#### **1. My Smartphone is My Therapeutic Aid!**

Michelle E. Wade, EdD, LCPC, LPC, NCC, ACS, DCC; Assistant Professor, Marymount University, Arlington, Virginia

Sally Harney, PhD; Graduate Student, Marymount University, Arlington, Virginia

**ABSTRACT:** : Technology abounds in today’s society. Counselors have many more resources to help clients reach their therapeutic goals because of these technologies. This presentation will review potential benefits, risks, and ethical aspects of using (or not using) smartphone applications within a therapeutic setting.

**Room: Orleans Ballroom**

#### **2. Supervision and Client Welfare**

Tanya Radecker, PhD, RN, LPC-S, NCC; Executive Director, A Balanced Change Counseling and Supervision, LLC; New Orleans, Louisiana

Andrew Watley, PhD, PLPC, NCC; Faculty, Holy Cross Primary School, New Orleans, Louisiana

**Abstract:** Supervision is a crucial element in the process of becoming a licensed professional counselor. The supervisor/supervisee relationship requires the supervisor to provide a balance of support and guidance while maintaining an awareness of ethical considerations and boundaries. Supervisees are responsible for knowing their responsibilities and rights in the process.

**Room: St. Joseph**

### **3. Ethical Issues in Counseling Organizations: Considerations for New Ethical Standards**

Michael M. Kocet, PhD, LMHC, NCC, ACS; Professor and Department Chair, The Chicago School of Professional Psychology, Chicago, Illinois

Stephanie F. Dailey, PhD, LPC, NCC, ACS; Assistant Professor, Hood College, Frederick, Maryland

**ABSTRACT:** The 2014 ACA Code of Ethics provides guidance on ethical conduct of the counselor-client, supervisor-supervisee, faculty-student, and researcher-participant relationships. Few standards address ethical conduct of leaders within counseling organizations, such as ACA, ACA divisions, state branches, and affiliate organizations (such as NBCC, CACREP). Using case studies and discussion, potential new ethical standards related to organizational leadership for ACA and partner organizations will be discussed.

**Room: St. Ann Cottage Salon 1**

### **4. Protecting LGBTQIA Clients: When Law and Ethics Collide**

Rebekah Byrd, PhD, LPC, NCC, RPT-S; Associate Professor, East Tennessee State University, Johnson City, Tennessee

Rebecca Milner, PhD, LPC; Assistant Professor, East Tennessee State University, Johnson City, Tennessee

Emily Donald, PhD, LPC-S, NCC, ACS, RPT; Associate Professor, East Tennessee State University, Johnson City, Tennessee

**ABSTRACT:** Counselors are legally and ethically beholden to provide affirming services to LGBTQIA individuals. Recent laws place importance on counselor values over those of the client, impact safety of clients, and are in direct conflict with counseling ethical codes. This presentation will discuss recent laws, reactions, information, and resources.

**Room: St. Ann Cottage Salon 2**

## **Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2**

### **Roundtables:**

#### **1. Vulnerability of Exceptional Children to Interpersonal Victimization: How Counselor Advocacy Duties are Triggered and Actualized**

Kathleen M. Barrett, EdD; Associate Professor, University of Saint Joseph, West Hartford, Connecticut

Caitlin Aissis, BA; Graduate Student, University of Saint Joseph, West Hartford, Connecticut

**Abstract:** Children with special needs are at an increased risk for interpersonal victimization at both home and school. We suggest that their vulnerability triggers the counselor's ethical duty to advocate on individual and systemic levels. Prevention tools, intervention strategies, and professional training appropriate for counselors in school and clinical settings are discussed.

#### **2. Ethical Standards of Bracketing Personal Values**

Kellie Giorgio Camelford, PhD, LPC-S, NCC; Assistant Professor, Louisiana State University Health Sciences Center, New Orleans, Louisiana

Erin M. Dugan, PhD, LPC-S, NCC, CRC, RPT-S; Associate Dean of Academic Affairs, Interim Head, Department of Clinical Rehabilitation & Counseling, Louisiana State University Health Sciences Center, New Orleans, Louisiana

**Abstract** This presentation explores bracketing personal values in the counseling relationship. Objectives include reviewing the associated standards from the ACA Code of Ethics, considering important court cases that have shaped this topic, and defining key concepts and models such as value conflicts, value impositions, and the counselor values-based conflict model.

#### **3. The Use of Ethical Bracketing to Resolve Immigrant Counselors' Value Conflicts**

Fariba Ehteshami, PhD; Doctoral Student, Department of Psychology, Counseling, and Special Education, Texas A&M University-Commerce

Kevin C. Snow, PhD, NCC, ACS; Assistant Professor, Department of Psychology, Counseling, and Special Education, Texas A&M University-Commerce

**Abstract:** Immigrant counselors working in the U.S. must be aware of how their values and beliefs may potentially influence or conflict with clinical work in America. Ethical bracketing is a method to address the interaction of personal and professional value conflicts towards providing ethically appropriate counseling and social justice clinical work.

#### **4. When Ethics and Cultures Collide: Ethical Considerations for International Counseling**

Bonnie King, PhD, NCC, LPC, CSC; Assistant Professor, Midwestern State University, Wichita Falls, Texas

Amanda Johns, PhD, NCC, LPC-S; Assistant Professor, Nicholls State University, Thibodaux, Louisiana

**Abstract:** What actions can counselors take to uphold ethical standards, while serving in international settings? This presentation will focus on ethical issues that emerge in international counseling contexts. Counselors will learn about maintaining client welfare in settings where laws, institutional policies, or cultural norms conflict with the ACA Code of Ethics.

**5. Need an Ethical Decision-Making Model? Integrating Models into Supervision and Counselor Education**

Carrie Merino, PhD, LPC; Assistant Professor, University of Wisconsin-Whitewater

**Abstract:** The ACA Code of Ethics (2014) mentions several times the importance of operating from an ethical decision making model in the course of clinical practice. We will focus on a review of common models as well as how to apply models in both clinical supervision and counselor education

**6. Treating HIV+ Clients: When Ethics and State Law are in Conflict**

DeVon Mills, MA, LAPC, LAMFT; Adjunct Professor, Richmond Graduate University, Chattanooga, Tennessee  
Tyler Wilkinson, PhD, LPC, NCC, ACS; Assistant Professor/ Program Coordinator, Mercer University, Macon, Georgia

**Abstract:** Many clinicians work with clients diagnosed as HIV+. Counselors have ethical guidelines that address clinician responsibilities when working with HIV+ clients. However, HIV disclosure laws vary state by state. This session addresses how to approach ethical decision-making when the code of ethics and state law are in conflict.

**7. Problem Behaviors, ACA Ethical Standards, Gatekeeping, and the Law**

Dustin Herbert Reed, PhD, LPC, NCC, CRC, National Certified Instructor of (ALICE); Lecturer, University of Texas Rio Grande Valley, Edinburg, Texas

**Abstract:** The ACA Code of Ethics (2014) has standards which delineate appropriate behaviors of counselors, counselor trainees, counselor supervisors, and counselor educators. This presentation examines related research on problem behaviors of counselors, ethical obligations of counselors, addressing problem behaviors in training and supervision, ramifications of unethical behaviors, and legal concerns

**8. Advocating Intrastate Distance Counseling and Best Practices**

Hsin-Ya Tang, PhD, NCC; Assistant Professor, Louisiana State University - Shreveport

Katie Winningham, BS; Graduate Student, Louisiana State University - Shreveport

**Abstract:** Individuals are becoming comfortable experiencing portions of their lives online. We will use three vignettes to illustrate populations that can benefit from distance counseling. These include military/fire/police/first responders, natural disaster victims, and rural area residents. Additionally, best practices in distance counseling to maximize delivery effectiveness will be discussed.

**Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2**

**3:00 – 4:00 pm**

**1. When Consult, Consult, Consult! Backfires: Following Your Gut When Your Consultants Disagree**

Christine Ebrahim, PhD, LPC-S, NCC; Associate Professor; Loyola University New Orleans, Louisiana

Karen R.S. Hochheiser, MA; Student, Loyola University New Orleans, Louisiana

**ABSTRACT:** When faced with an ethical dilemma, what happens when your gut tells you one thing and the majority of your consultants recommend another? What's the role of counselor and consultant bias in these decisions/recommendations? We examine these questions using the case of a counselor simultaneously working with a sexual assault survivor and her accused perpetrator.

**Room: Orleans Ballroom**

**2. Know Your Client's Rights: Education Civil Rights Laws in the Current National Climate**

Amy D. Zavadil, PhD, NCC; Equity Compliance Officer/Adjunct Faculty Member, University of Dayton, Ohio

**ABSTRACT:** Education is related to health and wellness. Barriers to access education, K-12 and higher education, still exist. These barriers include discrimination, harassment, and/or unaccommodated disabilities. Understanding rights afforded through civil rights and education based laws allow counselors to identify rights and resources to support client access to education.

**Room: St. Joseph Salon**

**3. Traumatic Histories: The Ethics of Trauma Informed Treatment**

W. David Lane, PhD, LPC, NBCC, LMFT, NBCFT, CPCS; Professor, Mercer University, Macon, Georgia

Donna E. Lane, PhD, LPC; Assistant Professor, Liberty University; Adjunct Professor, Mercer University, Macon,

Georgia

Ralph G. Menard, MS, APC; Doctoral Student, Mercer University, Macon, Georgia

**ABSTRACT:** This presentation is intended to educate and inform practitioners of the prevalence of trauma in the counseling setting. We will explore definitions of trauma and discuss assessment and treatment options for evaluating and addressing traumatic histories of clients. The goal will be to prevent clinicians from practicing outside of their scope of practice, gaining insight into the culture of trauma, and avoiding historical and social prejudices of diagnosing clients with histories of trauma.

**Room: St. Ann Cottage Salon 1**

#### **4. More Apps, More Problems: School Counseling in the Age of Social Media**

D. Robert Casares, Jr., PhD, LPC, PLMFT, NCC; Assistant Professor, Wake Forest University, Winston-Salem, North Carolina

Stephanie M. Ducros, PhD, LPC, NCC; School Counselor, Archbishop Chapelle High School, Metairie, Louisiana

Donald E. Songy, PhD, LPC, NCC; School Counselor/Coordinator of Student Assessment, Jesuit High School of New Orleans, Louisiana

**ABSTRACT:** Current academic literature and recent polls indicate that the use of social media among adolescents is at an all-time high. The rapid proliferation of social media platforms presents numerous and ever-evolving challenges for school counselors. This presentation will highlight the current and most popular forms of social media utilized by adolescents, will discuss relevant legal and ethical considerations, and will provide a research-based approach to addressing common student issues related to the use of social media.

**Room: St. Ann Cottage Salon 2**

### **Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2**

#### **Roundtables:**

##### **1. Documenting Clinical and Administrative Supervision**

Daniel Baslock, MSW, LCSW, LADC; Frameworks Consulting, Barre, Vermont

**Abstract** This hands-on workshop is designed to increase supervisors confidence in their documentation and provide specific skills for documenting complex clinical and administrative situations. Participants will review case studies, and bring their own examples, to practice techniques for writing supervision notes, yearly reviews, and written warnings.

##### **2. FERPA: Enhancing Supervision and Best Practices**

Doris W. Carroll, PhD, NCC; Associate Professor, Special Education, Counseling and Student Affairs, Kansas State University, Manhattan, Kansas

Connie T. Theriot, PhD, CSP; Professor, Counselor Education Department, Lincoln Memorial University, Harrogate, Tennessee

**Abstract** The purpose of this program is to help counselor education faculty recognize how the intersectionality of Title IX, Clery, and FERPA applies to counseling supervision and research activities. Best practice strategies for applying these federal guidelines to supervising research and clinical work are highlighted.

##### **3. Navigating the Death of a Client: Setting Your Ethical Compass**

Susan J. Foster, PhD, LPC-S, NCC; Assistant Professor, The Chicago School of Professional Psychology, Hammond, Louisiana

Josie David, MS, PLCP

Emily Dykes, BA; Graduate Student, Southeastern Louisiana University, Hammond, Louisiana

Jareb Kinney, BA; Graduate Student, Southern New Hampshire University, Manchester, New Hampshire

**Abstract:** Counselors are in the inevitable position of encountering the anticipated or unanticipated death of a client at some point in their practice. Understanding how death personally and professionally impacts the counselor and how best to ethically respond to a client death is vital to effective practice and professional longevity.

##### **4. Integrating Relational Ethical Decision-Making into Counseling Practice**

Michael M. Kocet, PhD, LMHC, NCC, ACS; Professor and Department Chair, The Chicago School of Professional Psychology, Chicago, Illinois

Jakub R. Owca, MA, LCPC; Doctoral Student, The Chicago School of Professional Psychology, Chicago, Illinois

Claire Openshaw, MA, LPC; Doctoral Student, The Chicago School of Professional Psychology, Chicago, Illinois

**Abstract:** Traditional Ethical Decision-Making Models (Corey, Corey, & Callanan, 2015, Welfel, 2016, and Cottone & Tarvydas, 2016) typically involve counselors consulting with a trusted supervisor or colleague to seek out ethical guidance, the supervisor identifies steps that should be taken to resolve the ethical dilemma, and then the counselor implements an ethical course of action. Oftentimes, the client is left out of the decision making process

regarding resolving ethical dilemmas. This presentation will present a Relational Ethical Decision Making Model (Sheperis, Henning, & Kocet, 2015) that incorporates a feminist, relational approach to involving clients in the resolution of ethical conundrums which can foster a stronger therapeutic and ethical relationship between counselors and clients. Through case studies and discussion, this interactive presentation will show how to use the model in direct clinical work with clients.

#### **5. The Future of CEUs: Minimal Competency & Beyond**

Susan Meyerle, PhD, LIMHP, CEAP, CFLE; Ethics Trainer, Life Resources, LLC, Lincoln, Nebraska

**Abstract:** Research addressing the value of completing CEUs indicates there is seldom impact on clinical practice. Yet CEUs continue to be the "evidence" to indicate professional learning. Does having more letters behind a name make one more effective? Should counselors develop their own post-degree educational plan.

#### **6. School Counselor Intern Supervision: Legal and Ethical Considerations**

Wendy D. Rock, PhD, LPC-S, NCC, NCSC, CSC; Assistant Professor, Southeastern Louisiana University, Hammond, Louisiana

Reshelle C. Marino, PhD, LPC-S, NCC; Assistant Professor/ Interim Program Coordinator of Counseling Program, Southeastern Louisiana University, Hammond, Louisiana

**Abstract:** Quality supervision of school counseling interns requires awareness and understanding of the ethical standards and legal aspects of supervision in a school setting. This session will highlight the legal and ethical aspects of school counselor intern site supervision and university supervision including case examples for discussing best practice.

#### **7. To Share or Not to Share: The Ethical and Cultural Considerations of Self-Disclosure in Counseling**

Hsin-Ya Tang, PhD, NCC; Assistant Professor, Louisiana State University – Shreveport

Britny Cubley, BS; Graduate Student, Louisiana State University – Shreveport

Ashton Nance, BS; Graduate Student, Louisiana State University – Shreveport

**Abstract:** Self-disclosure can be a crucial part of the counseling process; however, to create a healthy client-counselor relationship, every counselor must be cognizant of potential cultural differences involving self-disclosure. When done appropriately, self-disclosure can elicit a balanced connection between client and counselor

#### **8. The Ethics of Spirituality Within Counseling**

Dontay Williams, MA, APC; Doctoral Student, Mercer University, Macon, Georgia

Connie Mitchell, MS; Doctoral Student, Mercer University, Macon, Georgia

**Abstract:** ACA code of ethics encourages counselors to respect the diversity of clients including aspects of spirituality (A.4.b). The extent counselors address spirituality in clinical practice includes professional development and self-awareness (A.11.b). Spirituality has been a topic of controversy originating with the principal ideas of Freudian theory and DSM classifications. Integration or lack thereof has led to present ethical concerns including imposing values and respecting diversity

**Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2**

**4:15 – 5:15 pm**

#### **1. Culturally Sensitive Gatekeeping and Remediation: Ethical Considerations**

Laura R. Haddock, Ph.D. LPC-S, NCC, ACS; Core Faculty, Walden University, Minneapolis, Minnesota

Jenae Thompson, M.Ed., LPC, DCC; Doctoral Student, Walden University, Minneapolis, Minnesota

**ABSTRACT:** Gatekeeping requires simultaneously attending to the best interests of students/supervisees, training programs, and the profession. Balancing the ethical responsibility of gatekeeping with the ethical obligation to honor cultural identity is complex. This session will include an exploration of the ethical nuances of providing culturally sensitive corrective feedback or remediation.

**Room: Orleans Ballroom**

#### **2. Legal and Ethical Supervision of Interns with Mental Health Issues**

Kaylene Brown, PhD, LPC-S, NCC; Assistant Professor, Lubbock Christian University, Lubbock, Texas

Jenene Alexander, PhD, LPC, NCSP; Professor, Harding University, Searcy, Arkansas

Shauna Frisbie, EdD, LPC-S, NCC, DCC; Associate Professor, Lubbock Christian University, Lubbock, Texas

Erin Aaron, MS; Doctoral Student, Grand Canyon University, Phoenix, Arizona

Beth Robinson, EdD, LPC-S, CSC; Professor, Lubbock Christian University, Lubbock, Texas

**ABSTRACT:** Dealing with interns with mental health issues requires an in-depth understanding of law and ethics. This presentation will include case studies and the moral, ethical, and legal issues raised by supervising interns with mental health issues. Ways to ethically and legally supervise impaired interns will be presented.

**Room: St. Joseph Salon**

### **3. Are We Teaching Students to be Mandated Reporters of Child Abuse?**

Roxane L. Dufrene, PhD, LPC, LMFT, NCC; Associate Professor; University of New Orleans, Louisiana

Panagiostis Markopoulos, MEd, PLCP, Doctoral Student, University of New Orleans, Louisiana

Heather Koth, MS; Doctoral Student, Mercer University, Atlanta, Georgia

Kathleen Bazile, MA; Doctoral Student, Mercer University, Atlanta, Georgia

**ABSTRACT:** Counselors are mandated reporters of child abuse. Research indicates that therapists are resistant to addressing and reporting child abuse, which can leave future counselors at risk ethically and legally as mandated reporters. Considerations for how and what to teach students and counselors about child abuse will be provided.

**Room: St. Ann Cottage 1**

### **4. Appropriate Use of Appraisal Instruments in Counseling**

Reshelle C. Marino, PhD, LPC-S, NCC; Assistant Professor/ Interim Program Coordinator, Southeastern Louisiana University, Hammond, Louisiana

Roy A. Salgado, Jr. PhD, LPC-S, LMFT-S, NCC; Professor, University of Holy Cross, New Orleans, Louisiana

**ABSTRACT:** It is vital that counselors remain acutely aware of the law and ethics involved with the appropriate use of appraisal instruments in counseling. Presenters will encourage an interactive discussion around the current practices of appraisal instruments, and provide best practice procedures of appraisal activities..

**Room: St. Ann Cottage Salon 2**

**Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2**

**Roundtables:**

#### **1. Gift Giving and Receiving in Therapy**

Pedro J. Blanco, PhD, LPC-S, RPT-S, CHST; Associate Professor, Texas Woman's University, Denton, Texas

Ryan Holliman, PhD, LPC-S, RPT-S; Texas Woman's University, Denton, Texas

**Abstract:** One ethical dilemma counselors often face is how to respond to being given gifts in therapy. This presentation will provide attendees with an overview of legal and ethical implications for gift giving and receiving, as well as discussions of how to address the issue of gifts both ethically and therapeutically.

#### **2. How Big is your Shadow? Assessing and Addressing Social Presence**

Susan J. Foster, PhD, LPC-S, NCC; Assistant Professor, The Chicago School of Professional Psychology, Hammond, Louisiana

Franc Hudspeth, NCC, LPC-S, ACS, RPh, RPT-S; Associate Dean, Southern New Hampshire University, Manchester, New Hampshire

**Abstract:** The usage and prominence of social media has created a shift or alteration of personal and professional identity, norms, and values. This phenomenon has become a part of the professional brand of the counselor. Thus, counselor self and global awareness, as well as ethical and professional behavior is explored.

#### **3. The Stigma Enigma: What are Ethical Implications of Implicit Biases and the Language We Use About Our Clients?**

Hayley Lake, MS, MAC, NCC, CCD; Senior Lecturer, Addiction Studies Program, Eastern Washington University, Cheney, Washington

**Abstract:** This presentation will explore the ethical implications of counselors' attitudes and implicit biases towards clients suffering from mental health issues and substance use disorders. In addition, it will also address linguistic biases and the stigmatizing language used to describe marginalized populations. Alternative terminology will be discussed.

#### **4. The Ethical Creation of New Courses**

Susan Meyerle, PhD, LIMHP, CEAP, CFLE; Ethics Trainer, Life Resources, LLC, Lincoln, Nebraska

Jennifer Mani, Kent State University, Kent, Ohio

**Abstract:** Creating a new course can be challenging. Certain ethical and university requirements should be followed. To serve students and make their learning substantial there are certain ethical procedures one should observe. This session will allow you to have increased preparation in creating new courses or making changes to existing ones.

#### **5. Counseling, Boundary Issues, Multiple Roles and Relationships, Law, and Ethics**

Dustin Herbert Reed, PhD, LPC, NCC, CRC, National Certified Instructor of (ALICE); Lecturer, University of Texas Rio Grande Valley, Edinburg, Texas

**Abstract:** What constitutes a multiple relationship? What are the positives, negatives, and what makes them problematic? Ethical and legal considerations will be discussed. Reasons for multiple relationships, examples of possible appropriate and inappropriate multiple relationships, legal and ethical underpinnings for counselors and counselor educators when boundary issues occur will be discussed.

#### **6. Serving Undocumented Migrant Families in an Anti-Immigrant Era**

Karen Michelle Roller, PhD, LMFT; Assistant Professor, Palo Alto University, Clinical Coordinator, Family Connections, Palo Alto, California

**Abstract:** The current era of anti-immigration has heightened realistic fears clients have about staying in the communities where they are raising their children, and forces preparation for mass deportation. This unknown future highlights the desperation that initiated their migration, and forces clinicians to ethically address the legal crises these families face.

#### **7. Guidelines for Counselors on Maintaining Professionalism while Using Social Media and Technology**

Hsin-Ya Tang, PhD, NCC; Assistant Professor, Louisiana State University-Shreveport

Caitlin Bruce, BS; Graduate Student, Louisiana State University-Shreveport

Shannon Fowler, BS; Graduate Student, Louisiana State University-Shreveport

David Daniel Martinez Lizarraga, BS; Graduate Student, Louisiana State University-Shreveport

**Abstract:** With the advancement of technology, counselors can now help clients and others through their own professional social media account while following the ethical guidelines. In this presentation, we will discuss the differences between social media and technology assisted counseling, and the ethical boundaries, and privacy issues associated with technology.

#### **8. The Moment of Silence Revisited**

Trecialeen Young, MS, CSC, Mercer University, Macon, Georgia

Mary Elizabeth Teem, MS, APC, NCC, Mercer University, Macon, Georgia

**Abstract:** School counselors are discouraged from using mindfulness practices because they conflict with the idea of keeping spiritual practices and schools separate. Nevertheless, there are proven benefits in these practices. This presentation proposes ways of incorporating spiritual practices into schools in order to gain the most benefit for students.

**Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2**

**Thursday  
February 1, 2018**

**7:45 am – 12:30 pm**

**Registration and Information  
Orleans Ballroom Foyer**

**8: 30 – 9:30 am**

#### **1. Tales of Supervision from the Field: Seventeen Years of Supervising Graduate Students as a School Counselor**

Amy King, NCC, NSC; Doctoral Student, University of Mississippi, Oxford, Mississippi

Alana Dotson, MEd, NCC; Student, University of Mississippi, Oxford, Mississippi

Elizabeth Fowlkes, EdS, NCC; Elementary School Counselor, Hinds County School System, Raymond, Mississippi

Letoya McClay, MeD, LPC, NCC, TF-CBT; Behavior Specialist, Oxford Elementary School, Oxford, Mississippi

Alexandra Lindsley, MEd; University of Mississippi, Oxford, Mississippi

**ABSTRACT:** There have been ethical challenges with taping sessions, obtaining permission with consent forms, and ensuring the level of experience needed to tackle the mental health needs of an ever changing population. This session will be helpful to counselors who engage in clinical supervision, graduate students, and counselor educators. I will address curriculum and training, multicultural issues, consent and permission to tape session issues, and many other interesting components of supervision.

**Room: Orleans Ballroom**

**2. Learning the Lessons from Cash vs. MSU: Student Placements, Values, and Religious Liberty**

Perry C. Francis, EdD, LPC, NCC, ACS; Professor/Coordinator, Eastern Michigan University, Ypsilanti, Michigan  
**ABSTRACT:** Andrew Cash was removed from his internship and eventually his program due to his and the internship site's refusal to provide services to any gay couples seeking services. We will review lessons learned and how to prevent this from happening in your program. Relevant ethics & accreditation will be discussed.

**Room: St. Mary Salon 1**

**3. Move Over Millennials...Come Meet Generation Z!**

Brenda Ross, MA, LPC; Assistant Professor, Concordia University Chicago, Doctoral Candidate, Governors State University, University Park, Illinois

**Abstract:** The personality of Gen Z will surprise you! Learn how social influences (think terrorism threats and crippling debt) impacts the psychological and social development of our first "Digital Natives." Leave with ideas of how to ethically check your generational biases and equitably counsel, supervise, and/or teach Gen Z'ers.

**Room: St. Mary Salon 2**

**4. Distance Learning, Distance Counseling, and Distance Supervision in Counseling**

Dustin Herbert Reed, PhD, LPC, NCC, CRC, National Certified Instructor of (ALICE); Lecturer, University of Texas Rio Grande Valley, Edinburg, Texas

**Abstract:** What are the legal and ethical implications for distance learning, distance counseling, and distance supervision in counseling? This presentation will discuss research concerning law and ethics on the subject of using technology for learning, counseling, and supervision. In a world connected by technology what will you need in serving others?

**Room: St. Joseph Salon**

**5. Working with Transgender Clients: Where is the Line Between Values and Competency?**

Perri Hooper, BS; Graduate Student, Marymount University, Arlington, Virginia

Ashley D. West, BA; Graduate Student, Marymount University, Arlington, Virginia

Anna Bergin, BA; Graduate Student, Marymount University, Arlington, Virginia

Michelle E. Wade, EdD, LCPC, LPC, NCC, ACS, DCC; Assistant Professor, Marymount University, Arlington, Virginia

**Abstract:** The ACA Code of Ethics (2014) insists personal values of the counselor come second to the needs to the client. This presentation will serve as an introduction in meeting the needs of the transgendered client, as well as how to obtain any further training to increase competency levels..

**Room: St. Ann Cottage Salon 1**

**6. Positive Gatekeeping: Helping Students Through the Gate**

David Julius Ford, Jr., PhD, LPC, NCC, ACS; Counselor Educator, James Madison University, Harrisonburg, Virginia

Sophia Sills-Taylor, PhD, LPC, NCC, ACS; Counselor Educator, Liberty University, Lynchburg, Virginia

Keesha M. Kerns, PhD, LPC, NCC, PSC, ACS; Counselor Educator, Norfolk State University, Norfolk, Virginia

**Abstract:** Gate keeping is an ethical mandate. Counselor educators have a unique role to prepare and teach those entering the gate. This presentation will review various tools/practices faculty can implement and how these tools can be used in an ethical manner to manage the progression of students to professional counselors..

**Room: St. Ann Cottage Salon 2**

**9:30 – 10:00 am**

**Coffee Break**

**10:00 – 11:00 am**

**1. Professional Counselors and Formal Complaints - Can We Talk?**

Carol A. Brennan, PhD, LPCC, RPT-S; Associate Professor/Program Coordinator, University of the Southwest, Hobbs, New Mexico

**ABSTRACT:** This interactive, dynamic workshop will highlight risks, facts, and myths about formal complaints and lawsuits filed against counseling professionals. Included will be strategies for avoiding formal complaints as well as suggestions for coping when the unexpected happens. .

**Room: Orleans Ballroom**

**2. Counseling Adult Clients who have Experienced Sexual Trauma as Children**



Elizabeth Berger, MA, LPC, NCC; Director, Thomas E. Chambers Counseling and Training Center; Adjunct Instructor, University of Holy Cross, New Orleans, Louisiana

Thomas Fonseca, PhD, LPC-S, LMFT-SC, NCSC, NCC; Associate Professor/Coordinator, University of Holy Cross, New Orleans, Louisiana

Carolyn C. White, PhD, LPC-S, LMFT, NCC; Dean of College of Counseling, Education, and Business; Chair of Counseling and Behavioral Sciences, University of Holy Cross, New Orleans, Louisiana

Ryan White, PhD, LPC, NCC; Adjunct Faculty, University of Holy Cross, New Orleans, Louisiana

Sopheia Jones, BS; Doctoral Graduate Student, University of Holy Cross, New Orleans, Louisiana

**ABSTRACT:** Adult clients with childhood sexual trauma are often misdiagnosed due to the absence of this context for their symptomology. It is important that counselors be adequately trained in recognizing the cognitive, emotional, and developmental impact of childhood sexual trauma, the context it provides for the manifestation of symptoms, and how it informs the diagnostic process.

**Room: St. Mary Salon 1**

### **3. Beginners Leading Beginners: Legal, Ethical, and Professional Considerations for Novice Supervisors**

D. Robert Casares, Jr., PhD, LPC, PLMFT, NCC; Assistant Professor, Wake Forest University, Winston-Salem, North Carolina

Joseph W. Pistorius, MA; Director, CYO/Youth & Young Adult Ministry Office, Archdiocese of New Orleans, Louisiana

**ABSTRACT:** Drawing from the 2014 ACA Code of Ethics, 2016 CACREP Standards, relevant academic literature, and their own educational and professional experiences, the presenters will discuss key legal and ethical issues related to the practice of clinical supervision by novice supervisors. Practical safeguards and best practices for novice supervisors and supervisees will also be explored.

**Room: St. Mary Salon 2**

### **4. Rocky Mountain High: Legal and Ethical Considerations for Marijuana to Opioids**

Katherine E. Sammons, MA; Lecturer, University of Northern Colorado, Greeley, Colorado

Robert A. Sammons Jr., MD, PhD; Psychiatrist/Psychologist, Mesa Behavioral Medicine Clinic/ Rocky Mountain TMS, Grand Junction, Colorado

**ABSTRACT:** Counselors are working with individuals who are prescribed potentially addictive painkillers such as medical marijuana and opioids. This presentation offers an update on the biology of addiction, laws pertaining to these substances, and specific recommendations for counseling advocacy and ethical practice in the burgeoning field of addiction deterrent medication.

**Room: St. Joseph Salon**

### **5. Relational Competence for Counselors: An Introduction to Alternate Relationship Paradigms**

Paul Maione, PhD, LMFT; Professor, Capella University; Co-Director, Couples On The Brink, Fort Lauderdale, Florida

Melissa Bridges, PhD, LMFT; Adjunct Faculty, Capella University; Co-Director, Couples On The Brink, Fort Lauderdale, Florida

**ABSTRACT:** Distress in primary relationships is a common clinical presentation. Relational competence refers to the ability to question norms around traditional partnering paradigms including monogamous privilege, mononormativity and their associated biases. Knowledge of alternate relationship paradigms is essential to ethically assist clients according to their individual needs, circumstances and life stage.

**Room: St. Ann Cottage Salon 1**

### **6. Do You See What I See? Clients' Perceptions of Therapy**

Susan Meyerle, PhD, LIMHP, CEAP, CFLE; Ethics Trainer, Life Resources, LLC, Lincoln, Nebraska

**ABSTRACT:** The plethora of paperwork a client is asked to complete prior to beginning therapy has increased substantially. From HIPAA forms to teletherapy consent, from basic demographic information to social media policies, a client can feel overwhelmed. Therapists are expected to "check our values at the door" which also shapes the clients' experiences..

**Room: St. Ann Cottage Salon 2**

**11:15 – 12: 15 pm**

**Keynote Speaker:**

**Laura Veach, PhD, LPC, LCAS, CCS**

**Professor**

Departments of Surgery and Psychiatry  
Wake Forest School of Medicine  
Winston-Salem, North Carolina

**The Tangles of Ethics, Law, and Trauma**  
**Room: Orleans Ballroom**

**Afternoon Free**

**Friday**  
**February 2, 2018**

**7:45 am – 12:30 pm**

**Registration and Information**  
**Orleans Ballroom Foyer**

**8: 30 – 9:30 am**

**1. Supervising Interns Through the Diagnosis Process: When Getting It Right Matters Most**

Leigh Green, PhD, LPC-S, NCC, CSC; Assistant Professor, West Texas A&M University, Canyon, Texas  
Malvika Behl, PhD, LPC, LSC; Assistant Professor, West Texas A&M University, Canyon, Texas  
Arlette Back, MA, CSC; Doctoral Student, Texas Tech University, Lubbock, Texas  
Paula Abbott, MA, LPC-S, CSC; Doctoral Student, Texas Tech University, Lubbock, Texas

**ABSTRACT:** Diagnosing clients can be difficult for newly licensed counselors, especially when a diagnosis can have an enormous impact on the client's care, treatment plan, and medication management. It is the obligation of supervisors to guide and support interns through the grey areas of diagnosis to ensure ethical and competent practice.

**Room: Orleans Ballroom**

**2. Ethical Gatekeeping in Counselor Education: Making Hard Decisions of Student Fitness for the Profession**

Erin N. Kaszynski, Med, PLPC; Doctoral Student, Texas A&M University-Commerce  
Randy Woodring, MS, PLPC; Doctoral Student, Texas A&M University-Commerce  
Kevin C. Snow, PhD, MA, NCC, ACS; Assistant Professor of Counseling, Department of Psychology, Counseling, and Special Education Texas A&M University-Commerce

**ABSTRACT:** Counseling educators facilitate learning and growth in their students yet there is a fiduciary responsibility to serve as gatekeepers and develop counselors fit for the profession. This controversial balance of empowering growth and understanding student limitations will be explored as we discuss our approach to ethical gatekeeping in counselor education.

**Room: St. Mary Salon 1**

**3. DSM-5 and Special Education Law: Similarities and Differences**

George W. Hebert, PhD; Assistant Professor, LSU Health Sciences Center, New Orleans, Louisiana  
Kellie Giorgio Camelford, PhD LPC-S, NCC; Assistant Professor, LSU Health Sciences Center, New Orleans, Louisiana  
Erin M. Dugan, PhD, CRC, NCC, LPC-S, RPT-S; Associate Professor; Associate Dean of Academic Affairs, LSU Health Sciences Center, New Orleans, Louisiana

**ABSTRACT:** Current federal and state laws for special education do not refer to the diagnostic categories appearing in the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). This presentation will help participants navigate the two systems so that clinicians can best advocate for children and their families.

**Room: St. Mary Salon 2**

**4. The Top Five Ethical Challenges in School Counseling**

Wendy D. Rock, PhD, LPC-S, NCC, NCSC, CSC; Assistant Professor, Southeastern Louisiana University, Hammond, Louisiana

**ABSTRACT:** School counselors face unique ethical challenges in the school setting; from confidentiality when working with minors and their parents or guardians, to navigating institutional policies that can conflict with our ethical standards. The top five ethical challenges will be examined and best practices for handling them will be discussed

**Room: St. Joseph Salon**

**5. Addressing Childhood Trauma: Creating Safe Schools for all Children**

Beto Davison Avilés, PhD, LPC, CSC; Associate Professor, Bradley University, Peoria, Illinois

Jobie L. Skaggs, PhD, LPC; Associate Professor/Chair, Bradley University, Peoria, Illinois

**ABSTRACT:** Counselors' legal and ethical responsibilities include helping students with adverse childhood experiences (ACES). Students with four or more ACES are at a higher risk of learning and behavior problems while in school than students with no ACES. This presentation offers brain-based strategies for counselors helping children who have experienced trauma/ACES.

**Room: St. Ann Cottage Salon 1**

**6. Reducing Liability in Rural Practice**

Daniel Baslock, MSW, LCSW, LADC; Frameworks Consulting, PLLC, Barre, Vermont

**ABSTRACT:** It is a common perception that boundary crossings and ethical dilemmas arise more frequently in rural practice settings. This hands-on workshop focuses on building concrete skills to manage common conflicts in rural settings, and to reduce practitioner liability when those conflicts arise.

**Room: St. Ann Cottage Salon 2**

**9:30 – 10:00 am**

**Coffee Break**

**10:00 – 11:00 am**

**1. Learn How to Identify Fatal Flaws When Preparing for Active Shooter Events**

Thomas Allen Fonseca, PhD, LPC-S, LMFT-SC, NCSC, NCC; Associate Professor, University of Holy Cross, New Orleans, Louisiana

Dustin Herbert Reed, PhD, LPC, NCC, CRC, National Certified Instructor of (ALICE); Lecturer, University of Texas Rio Grande Valley, Edinburg, Texas

Richard Twiggs, MA, NCC; Doctoral Student, University of Holy Cross, New Orleans, Louisiana

**ABSTRACT:** Attendees will gain an understanding of how to offer informed suggestions to improve active shooter event emergency plans for private practices, agencies, and school campuses. Learn how to identify responsibilities for duty of care, liability exposure and OSHA compliance. There will be a brief question and answer period at the end of the workshop.

**Room: Orleans Ballroom**

**2. Ethical Considerations When Counseling Clients are Members of the LGBT Minority Community**

Nial P Quinlan, PhD, LPC, NCC; Private Counseling Practitioner, Yorktown, Virginia

**ABSTRACT:** This presentation will focus on effective counseling services for the LGBT (Lesbian, Gay, Bisexual and Transgender) population. We will discuss unique ethical questions counselors may be faced with as they work with this population. These will include, referrals, coming out, confidentiality, values and non-standard therapies. Powerpoint and open discussions will be utilized during the presentation.

**Room: St. Mary Salon 1**

**3. Ethical & Legal Considerations of Supervision in Schools**

Jennifer Renee Perry, MA, MS, NCC; Doctoral Student, University of North Carolina at Charlotte

**ABSTRACT:** Counselors who work in schools are faced with unique ethical dilemmas. Helping supervisees choose the best approach(es), while adhering to ethical guidelines and laws, can be conflicting. This session will discuss supervision of counselors in schools aligning the new ASCA Ethical Standards, ACA Code of Ethics, and local laws.

**Room: St. Mary Salon 2**

#### **4. Ethical Issues in the Treatment of Eating Disorders**

Laura H Choate, EdD, LPC; Professor, Louisiana State University, Baton Rouge, Louisiana

**ABSTRACT:** Eating disorders (EDs) are mental disorders with significant biopsychosocial consequences, including potentially lethal medical complications. Due to their complexity, treatment is fraught with ethical challenges, particularly for practitioners who do not specialize in this area. The presenter will describe strategies for managing common ethical conflicts that counselors face in practice.

**Room: St. Joseph Salon**

#### **5. Domestic Violence and Confidentiality: How Can Helping Professionals Minimize Harm?**

Seneca Elizabeth Alma Erwin, BS; Doctoral Student, University of Northern Colorado, Greeley, Colorado

Alexis Hauck, MA, LPCC; Doctoral Student, University of Northern Colorado, Greeley, Colorado

Jeffrey A. Rings, PhD, LP; Associate Professor, University of Northern Colorado, Greeley, Colorado

**ABSTRACT:** Helping professionals are directed by ethical guidelines in their practice, however, with few formal guidelines for how to approach an adult victim of current domestic violence. This presentation explores the complexities between different ethical principles and legal regulations that provide little direction. How can we help without harming our clients?

**Room: St. Ann Cottage Salon 1**

#### **7. Ethics and Wellness: It's Effects on Competency**

Mary G. Mayorga, PhD, LPC-S, NCC, CCDS, CART; Belmont University, Nashville, Tennessee

Elizabeth Ann Wardle, PhD, LPC-S, RN, Nashville, Tennessee

Janet Hicks, PhD, LPC, CSC; Belmont University, Nashville, Tennessee

**ABSTRACT:** Lack of wellness behavior among counselors can lead to ethical issues with levels of competency. Ethical responsibility of all counselors is to maintain counselor competency, including the areas of mental and physical wellness. Counselor educators have a responsibility to help counselors in training gain awareness of the potential for burnout and stress; leading to "levels of incompetency" in their professional life. Lack of counselor competency may lead to potential for harm to the client, and the potential for malpractice. Research and data in the area of wellness will be utilized in the presentation.

**Room: St. Ann Cottage Salon 2**

### **11:15 – 12: 30 pm**

#### **1. Rural Mental Health: The Ethical Urgency for Global Collaboration!**

Steve F. Bain, DMin, LPC-S, NCC; Associate Professor and Chair, Texas A&M University, Kingsville

**ABSTRACT:** The ethical obligations of rural mental health professionals coupled with an ever-increasing international connectivity calls for collaborative efforts as never before. Rural communities are experiencing exponential diversity growth. Counselors serving these communities have an ethical responsibility to discover successful strategies across the globe and integrate these at the local level.

**Room: St. Joseph Salon**

#### **Keynote Speaker:**

**Catherine Roland, EdD, NCC, LPC**

**Immediate Past President, American Counseling Association**

**Private Counseling Practice**

**Metairie, Louisiana**

**Advocating for the Mental Health**

**of Marginalized Communities:**

**Challenges and Ethical Responsibilities**

**Room: Orleans Ballroom**

#### **Conference Closing**

**Dr. Ted Remley, Conference Chair**

**Professor, University of Holy Cross, New Orleans, Louisiana**

**Mark your calendar to attend the 2019 Law and Ethics in Counseling Conference (4<sup>th</sup> annual) in New Orleans: February 19-22, 2019.**



**Join Dr. Ted Remley and the University of Holy Cross for international counseling institutes held annually in Italy, Ireland, and Bhutan. For detailed information on institutes, see <http://uhcno.edu/internationalPrograms>.**

#### **2018 Institute Dates**

- Italy Play Therapy Institute, February 26 - March 9, 2018
- A Counselor's View of Italy Institute, May 21 - June 7, 2018
- A Counselor's View of Ireland Institute, July 31 - August 11, 2018
- Bhutan Thunder Dragon Counseling Institute, October 6-19, 2018

**Email Dr. Ted Remley at [tremley@uhcno.edu](mailto:tremley@uhcno.edu) if you have questions about institutes.**