

PROGRAM

Law and Ethics in Counseling Conference 2019 (Fourth Annual)

February 19-22, 2019

University of Holy Cross
New Orleans, Louisiana



University of Holy Cross
New Orleans, Louisiana
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Keynote Speakers & Conference Chair



Dr. David Capuzzi



Dr. M. Sylvia Fernandez



Dr. Mary Hermann



Dr. Kelly Wester



Dr. Ted Remley

This annual national refereed professional conference brings together counselor educators, counseling graduate students, and counseling practitioners to review the latest trends and developments in the areas of law and ethics in counseling.

For those who wish to experience a bit of Mardi Gras, the first weekend of parades will roll February 22-24, 2019.

The National Board for Certified Counselors (NBCC) is proud to be a paid sponsor of this event.

The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs.



Daily Schedule

**Tuesday
February 19, 2019**

1:00 – 4:30 pm

**Registration and Information
Hotel Entry Foyer**

4:30-6:00 pm

Welcome

**Dr. Ted Remley, Conference Chair
Professor, University of Holy Cross**

**Dr. David “Buck” Landry
President, University of Holy Cross**

**Dr. Kylie Dotson-Blake
Interim President and CEO, NBCC
National Board for Certified Counselors and Affiliates**

Keynote Speaker:

**Mary Hermann, JD, PhD, LPC
Counseling Faculty Member
Virginia Commonwealth University
Richmond, Virginia**

**Update on Legal Cases Involving Counselors:
What Every Practitioner, Supervisor, and
Counselor Educator Needs to Know
Room: Orleans Ballroom**

6:00 – 7:15 pm

**Reception
Rooms: St. Mary Salon 1 & 2 & Pool Patio
Enjoy New Orleans hors d’oeuvres & a Brass Band**



Wednesday February 20, 2019

7:45 am – 5:30 pm

**Registration and Information
Hotel Entry Foyer**

8: 30 – 9:30 am

1. Suicide Risk Assessment Training: Current Challenges and Trends

Andrew Brotzman, BA, Master's Student, University of Northern Colorado

Sarah Munoz, BA, Master's Student, University of Northern Colorado

Sydney Cople, MA, Doctoral Student, University of Northern Colorado

ABSTRACT: Providing competency training in suicide risk assessment is a vital mandate for clinical training programs nationwide. Yet recent graduates often report lacking such training, competency, and confidence in this critical and increasingly frequent job function. This presentation will discuss current research on suicide training, preventative measures, and future directions.

Room: Orleans Ballroom

2. Ethical and Legal Scenarios in Clinical Supervision

Ceara Shaughnessy, PhD, LPC, NCC, Assistant Professor and Clinical Experiences Coordinator, Emporia State University

Katrina R. Miller, EdD, CRC, NCC, LPC, BC-TMH, Professor and Department Chair, Emporia State University

ABSTRACT: This presentation will review the ethical and legal guidelines and responsibilities of counselor supervisors. The aim of the session is to analyze ethical and legal scenarios in clinical supervision and to use the ethical decision making process to evaluate various approaches to each situation.

Room: St. Joseph Salon

3. Boundary Violations and Counselor Liability Risk: Helping Supervisors and Counselors Attend to Sexual Attraction Issues in Counseling

Rebekah Byrd, PhD, LPC, NCC, RPT-S, Associate Professor, East Tennessee State University

Emily Donald, PhD, LPCS, NCC, ACS, RPT, Assistant Professor, East Tennessee State University

Rebecca Milner, PhD, LPC, Assistant Professor, East Tennessee State University

ABSTRACT: The ACA Code of Ethics is clear in that sexual/romantic relationships with current clients, clients' partners, and/or family member are prohibited (A.5.a). However, the most recent liability claims against counselors involve inappropriate sexual/romantic relationships with clients or partners/family members of clients. Join us to discuss clinical and supervision implications.

Room: St. Ann Cottage Salon 1

4. The Ethics of Long Distance Counseling: Hello, How Are You?

Mary G. Mayorga, PhD, LPC-S, NCC, CCDS, CART, Belmont University, Nashville, TN

Janet Hicks, PhD, LPC, CSC, Belmont University, Nashville, TN

Tom Knowles-Bagwell, DMin, LCPT, CSAT, Belmont University, Nashville, TN

Layla Bonner, PhD, LMFT, NCC, Belmont University, Nashville, TN

ABSTRACT: The beginning of the 20th Century introduced the “age of” of Internet counseling or “long distance counseling.” Considered a new and “cutting edge” format of counseling, this new “idea” brought with it ethical issues that forced the review of the ACA code of ethics to include ethical codes that covered this “new arena” in the counseling profession. This presentation will look at the history of long distance counseling, the potential ethical issues that can arise, and the adherence to appropriate ethical codes when a professional counselor chooses to utilize this type of counseling procedure. Discussed will be ethical dilemmas and what type of training (if any) has been offered to counseling students and counselors who introduce this type of counseling availability to their clients. Lack of knowledge of ethical codes and lack of training may lead to potential for harm to the client and the potential for malpractice.

Room: St. Ann Cottage Salon 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Moral Distresses: Helping Clients Facing Workplace Ethical Dilemmas

Priscilla Mondt, Chief, Chaplain Service, PhD, LAC, Veterans Healthcare System of the Ozarks

ABSTRACT: Moral distress occurs when an individual knows the morally appropriate action but is prevented due to real or perceived obstacles. These ethical dilemmas are difficult to address due to institutional, organizational, or societal impediments. This interactive presentation enables participants to identify and address moral distress.

2. Teaching Academic/Research Integrity in Graduate Counseling Programs

Amber K. Hord-Helme, MA, LPCC-S, NCC, Doctoral Student, Lindsey Wilson College, Owner/Supervising Counselor, Helme Family Counseling, LLC

Veronica J. Ribulotta Singleton, MEd, LPCA, Doctoral Student, Mental Health Clinician, Helme Family Counseling, LLC

ABSTRACT: Intentional violations or unintentional ignorance on the part of students and faculty in making decisions about academic/research integrity (plagiarism, authorship, academic/intellectual property, etc.) is common. We will give recommendations for how to include clear instruction within graduate programs on academic/research integrity, make expectations of students and faculty clear, and develop policies regarding violations of academic/research integrity.

3. Ethics and Continuing Education: Meaningful Ethics Education Strategies for Experienced Practitioners and Supervisors

Aaron Hugh Jackson, PhD, LPC, NCC, Core Faculty, Clinical Mental Health Counseling Program/Marriage, Couples, and Family Counseling, Walden University

ABSTRACT: As continuing education in ethics is a required component for license renewal, advanced clinicians/supervisors deserve similarly advanced learning opportunities. Various strategies that offer meaningful experiences for advanced clinicians are presented. Tools to aid in the ethical development of supervisees are shared. Practical and theoretical factors are discussed.

4. Ethical Standards Proficiency = School Counselor Competence

Virginia Villarreal Mann, MEd, LPC-Retired, NCC, NCSC, TCA, TSCA, School Counselor-Retired

Joan Strutton, PhD, LPC-S, ACA, TCA, TSCA, Associate Professor & Program Director, School Counseling Program, East Texas Baptist University, Marshall, Texas

ABSTRACT: School counselors navigate through daily dilemmas requiring expertise in the ethical standards that guide our profession. This session will examine professional behavior, expectations, and obligations that guide and protect counselors and the students they counsel. Participants will also be led in discussion of impairment and self-care as an ethical tenet.

5. Mandated Reporting: Navigating the Emotional Roadblocks to Ethical and Legal Practice

Sheri Pickover, PhD, LPC, Associate Professor, Central Michigan University

ABSTRACT: Recent incidents of mandated reporters failing to disclose sexual abuse illuminates the need for counselors to confront the emotional factors that prevent ethical and legal mandated reporting. This presentation will provide research and interventions to improve self-awareness and will provide strategies to ensure legal and ethical mandates occur.

6. Working with Victims of Sexual and Domestic Violence

Michele Laaksonen, PhD, Licensed Clinical Psychologist, C-SOTP, Executive Director, Southside Center for Violence Prevention, Virginia

Zachary Bourgeois, MA, Crisis and Trauma Counselor, Action in Community Through Service, Virginia

ABSTRACT: The specialty of trauma counseling has unique ethical considerations. The apex of sexual and domestic violence counseling is the merge of power and control dynamics within the client's trauma, the trauma histories of helping professionals, and the therapeutic relationship, all of which can serve as confounds to ethical clinical practice.

7. Incorporating Values vs. Imposing Values: Navigating Religious Beliefs in Counseling

David R. Brown, PhD, LPCC-S, LCDC-III, NCC, ACS, Associate Professor of Counseling, Liberty University

John A. King, PhD, MDiv, M., LPC, Assistant Professor of Counseling, Liberty University

ABSTRACT: The ACA Code of Ethics encourages counselors to avoid imposing their values, attitudes, beliefs, and behaviors on their clients. With this mandate, how do counselors ethically integrate spiritual and religious values into the therapeutic process and navigate the fine line between collaboration and imposition of spiritual or religious values?

8. Ethical Referral: General and Subtle Challenges

Craig R. Blum, PhD, LMHC, Licensed Psychologist, Core Faculty Member, MS in Clinical Mental Health Counseling Program, Walden University

Richard J. Cicchetti, PhD, LCPC, CRC, SATP-C, Core Faculty Member, MS in Clinical Mental Health Counseling Program, Walden University

G. Michael Szirony, PhD, NCC, CRC, HSBCP, Core Faculty Member, MS in Clinical Mental Health Counseling Program, Walden University

ABSTRACT: Ethical guidelines in counseling address requirements associated with the referral process. These often connect to termination, but co-occurring provision of services is frequently found (e.g., referring for psychopharmacology and/or specialized services). The presentation will review general and more subtle challenges in referring. Practical examples and proposed solutions will be offered.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

9:30 – 10:00 am

Coffee Break

10:00 – 11:00 am

1. Court Cases Impacting Our Duty of Care

Perry C. Francis, EdD, LPC, NCC, ACS, Professor, Eastern Michigan University

ABSTRACT: Abstract: Courts have a history of interpreting mental health law and standards of care for the profession especially in the area of our reasonable duty to care for clients who may be suicidal or homicidal. Two recent state court decisions will be reviewed to see what impact they have on our duty to our clients and the general public.

Room: Orleans Ballroom

2. Ethical Challenges in Online Counselor Education: Civility, Relationships, and Cultural Competency

Corinne Wehby Bridges, LPC, NCC, Walden University, PhD Core Faculty,

Laura R. Haddock, PhD, LPC-S, NCC, ACS, Southern New Hampshire University Clinical Faculty, Walden University Contributing Faculty

Kristi B. Cannon, PhD, LPC, NCC, Southern New Hampshire University Clinical Faculty

ABSTRACT: Technological advancements and online counselor education programs have created an increased need for counselor educators to attend to ethical issues unique to online education including cyber civility, relationships, and challenges in online cultural competency. This session will highlight these ethical issues and best practice approaches to support an ethical on-line teaching practice.

Room: St. Joseph Salon

3. Counseling LGBTQIA+Children: Ethical Issues for Practice

Shirin Khosravi, LPC, MS, Lakes Regional Community Center, Rockwall, Texas

Jennifer Fults, LPC, MS, Lakes Regional Community Center, Rockwall, Texas

ABSTRACT: In some cases, children feel safe to come out to their counselor first rather than the family. Ethical practice as well as a strong diversity background can help adolescents and their parents receive the best care.

Room: St. Ann Cottage Salon 1

4. Promoting Autonomy in Supervision: Using the CMT as a Dynamic Supervision Tool for Trainees and Seasoned Counselors

John A. King, PhD, MDiv, MA, LPC, Assistant Professor of Counseling, Liberty University

ABSTRACT: The Conceptual Mapping Task (CMT) is a dynamic supervision tool that promotes counselor autonomy in case conceptualization. In this session, the presenter will provide a live demonstration of the CMT with a supervisee, and then provide additional strategies for how this tool can promote autonomy, justice, beneficence, non-maleficence, and fidelity with clients.

Room: St. Ann Cottage Salon 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

Roundtables:

1. Roles for Counselors Involved with Family Court

Nicholas J. Hingel, Jr., MEd, Doctoral Candidate, University of New Orleans, LPC-S

Josienne P. Goodrow, MS, Doctoral Candidate, University of New Orleans, AFCC, SV Network

ABSTRACT: Counselors are increasingly called upon to appear in Family Court. Counselors can fill various roles that can be very confusing to both court officials and counselors. It is important to be clear about laws and ethics surrounding counseling involvement in the court system amid a confusing and sometimes adversarial system.

2. Counseling in a Digital World: Advantages, Disadvantages, and Ethical Considerations

Hsin-Ya Tang, PhD, NCC, Assistant Professor, Louisiana State University – Shreveport

Angela Coulter, BS, Master Student, Louisiana State University – Shreveport

Ziqi Zhang, BS, Master Student, Louisiana State University – Shreveport

Amber Harris, MS, Master Student, Louisiana State University – Shreveport

ABSTRACT: With availability of online communications, the demand for distance counseling has increased tremendously. We will discuss how technology has impacted the counseling profession within the past decade. We will also provide information on the online platforms of avatar-based counseling, Facebook, and Skype while discussing their prospective advantages, disadvantages, and ethical dilemmas.

3. Demystifying Parliamentary Procedures for Licensure Board, Association, & Other Leaders

David S. King, PhD, LPCS, NCC, ACS, RP (note: the RP is Registered Parliamentarian, a certification issued by the National Association of Parliamentarians), Associate Professor of Psychology and Counseling, Mid-Atlantic Christian University

ABSTRACT: A short course in moderating and participating board meetings simply, efficiently, and in keeping with the rules of order.

5. Ethical Encounters in Integrated Care

Rashunda Miller Reed, PhD, Assistant Professor, Purdue University Fort Wayne, Indiana

ABSTRACT: Ethical adherence is more complex in integrated care settings because counselors are exposed to a different culture. Distinctions in confidentiality, informed consent, and ethical decision making can be foreign for new counselors in this setting. Join me as we explore this topics and discuss strategies for responding to ethical encounters.

6. Ethics, Law, and the Cultural Norms, Behaviors, and Traditions of a Counselor

Fariba Ehteshami, PhD in Family and Marriage Counseling from Tehran University, Doctoral Student in Counselor Education, Texas A&M University-Commerce, Texas

ABSTRACT: Counseling is a sociopolitical act. However, many counselors are unaware of how their cultural and traditional norms may potentially influence or conflict with ethics and law. Internationalization and acculturation ethics and law in counseling would be an appropriate solution to increase international competency, cultural advocacy, and social justice in clinical counseling work.

7. Posts, Tweets, Likes, and Follows: Counseling Ethics & Social Media

David R. Brown, PhD, LPCC-S, LCDC-III, NCC, ACS, Associate Professor of Counseling, Liberty University
ABSTRACT: With the vast popularity of social media, it is imperative that counselors understand the outcomes of relying heavily on social media for connectedness. This program will consider social media's influence on well-being and relationships, discuss the role of social media and therapy, and explore the ethical concerns of social media.

8. "You're either an ethical person or you're not." What Does It Mean to be an Ethical Counselor?

Jessica R. Burkholder, PhD, LPC, ACS, Assistant Professor, Monmouth University,
David J. Ford, Jr., PhD, LPC, NCC, ACS, Assistant Professor, Monmouth University
Stephanie F. Hall, PhD, LPC, NCC, ACS, Associate Professor, Chair, Monmouth University
ABSTRACT: Most counselors believe they are ethical persons, but there is a difference between being an ethical person and an ethical counselor. This presentation discusses what being an ethical counselor means and guides the participants in improving their ethical decision-making using the ACA Code of Ethics and an ethical decision-making model.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

11:15 – 12: 15 pm

Keynote Speaker:

**M. Sylvia Fernandez, PhD, LPCS, NCC, ACP
President and CEO
Council for Accreditation of Counseling and Related
Education Programs (CACREP)
Alexandria, Virginia**

The Ethics of Accreditation in Counseling

Room: Orleans Ballroom

12:15 – 1:45 pm

Lunch Provided

Poster Sessions

Room: Orleans Ballroom Foyer

Poster Sessions

**All poster sessions will be displayed in the Orleans Ballroom Foyer
(one continuing education hour may be earned for attending poster sessions)**

Poster 1

Lillian M. Range, PhD, Chris Beamon, BA, *Transgender Attitudes and Beliefs*
University of Holy Cross

To assess counseling graduate students' transgender attitudes and beliefs, Thirty students anonymously answered questions about their transgender attitudes and beliefs. These students were generally favorable, unlike some other research samples. Surveying other populations may be beneficial.

Poster 2

Kellie Camelford, PhD, Carley Thaw, BA, Heather Dahl, BS, *Legal Concerns and Ethical Dilemmas Related to Recommending Emotional Support Animals*
Louisiana State University Health Science Center

The presentation will explore legal and ethical issues surrounding the recommendation of service animals to clients by counselors, as well as highlight current literature related to the debate between the utilization of service animals versus the utilization of emotional support animals for clients.

Poster 3

Christine Ebrahim, PhD, Lauren C. Dayan, BA, *A Call for LPCs in the Field of Adult Development and Aging*
Loyola University of New Orleans

By 2029, approximately one in five adults will be 65 or older. The current research explores the growing need for LPCs in the social worker dominated field of geriatric counseling, and the unique skill set of LPCs to help individuals and families with aging and the end of life issues.

Poster 4

Lillian M. Range, PhD, Danielle LeFort, *Organ Donation: Donors vs. Nondonors*
University of Holy Cross

To evaluate organ donation attitudes of donors and non-donors, 54 college students completed the Attitudes towards Organ Donation Questionnaire. I expected younger students to have a more positive attitude, however they did not. Consistent with other research, donors had a more positive attitude than non-donors, and everyone had a low level of disgust. I recommend using the Attitudes toward Organ Donation questionnaire more in the future.

Poster 5

Tatiana Pino, MMT, MT-BC, *Physical Abuse in Immigrant Minors: Ethics and Cultural Differences*
Loyola University of New Orleans

Counselors working with undocumented immigrant children face multicultural ethical challenges differentiating between discipline, reprimand, and child abuse. The Corey, Corey, & Callanan ethical decision making model provides an understanding of professional ethical codes, federal laws, counselor's personal values, and cultural differences to determine a course of action in the best interest of the child

Poster 6

Lillian M. Range, PhD, Steven Price, BSW, *Zest for Life: A Positive Approach to Decrease Suicidal Ideation*
University of Holy Cross

To evaluate zest for life among college students, I distributed the Zest for Life scale to 34 graduate students. Zest for Life and age were not significantly correlated. Students who reported being African American reported significantly more zest for life than students who reported being Caucasian American.

Poster 7

Lillian M. Range, PhD, Megan Riley, *Rape Myth Acceptance*
University of Holy Cross

To get a better outlook on men's attitudes toward women and acts of sexual aggression or entitlement, I studied 49 men patrons at two nightclubs with the Illinois Rape Myth Acceptance Scale. Regardless of age, race, education, or religion, the participants on average neither agreed nor disagreed about the nature of what was sexual violence.

Poster 8

Lillian M. Range, PhD, Brandon Romback, *Childhood Trauma in College Students*
University of Holy Cross

To see if childhood trauma had an impact on college students, I got 50 students to anonymously complete the Emotional Abuse and Emotional Neglect subscales of the Childhood Trauma Questionnaire. Most students reported few childhood traumatic experiences. I would recommend the Childhood Trauma Questionnaire be completed by all college majors.

Poster 9

Lillian M. Range, PhD, Octavia Taylor, *Attitudes to Suicide and Euthanasia*
University of Holy Cross

This research study was completed to understand nursing students' attitudes towards assisted suicide and euthanasia. In all, 22 first year nursing students completed questions on end of life choices and euthanasia. Most did not embrace assisted suicide as an end of life option, older students more so than younger students, but they did understand suicide as a personal decision.

Poster 10

Lillian M. Range, PhD, Yari Kelley, BA, *Activities of Daily Living*
University of Holy Cross

I wanted to discover the ability of active elderly individuals when completing their activities of daily living. In all, 22 elderly members of the YMCA completed an 8-question survey regarding their activities of daily living. Older individuals reported more difficulty completing their daily living activities, but all reported some ability to complete daily activities.

1:45 – 2:45 pm

1. Mentoring and Intersectionality: The Nuances of Ethical Advocacy

Catherine Roland, EdD, LPC, NCC, Private Practitioner, New Orleans, Louisiana, Professor (part-time), Argosy University, Washington, DC

Courtland Lee, PhD, LPC, NCC, Professor, Chicago School for Professional Psychology, Washington, DC

Barbara Herlihy, PhD, LPC, NCC, Professor in Practice, University of Texas at San Antonio

ABSTRACT: Careful mentoring and strong advocacy may be the secret weapons for excelling in professional and personal achievement and encouraging sustained self-efficacy. Focusing on the intentional consideration of the intersectionality of our “being” can model ways in which we negotiate the bumpy path to ethical advocacy. FIND that mentor, or BE that mentor!

Room: Orleans Ballroom

2. Legal and Ethical Considerations When Counseling Parties Involved with Family and/or Neglect and Abuse Court Cases.

Charla Adams, Attorney, JD, NCC, LLPC, C. E. Adams Law Office, Counselor, Brugmansia Counseling Group, Farmington Hills, Michigan

ABSTRACT: The presenter, who is both an attorney and a counselor, will discuss the legal and ethical dimensions when counseling individuals who are involved with family court cases or neglect and abuse court cases. Issues related to subpoenas, confidentiality, privileged communication, and privacy will be reviewed.

Room: St. Joseph

3. #Metoo and Title IX: Legal and Ethical Considerations

Amy Zavadil, PhD, NCC, University of Dayton

ABSTRACT: Unpacking dynamics of campus sexual violence and the #metoo era and recognizing rights and resources related to the experience of sexual violence or accusations of sexual misconduct. Working with students, or their family members, it is important to be aware of legal and ethical considerations for support.

Room: St. Ann Cottage Salon 1

4. Intersection of Personal and Professional: Ethical and Legal Responsibilities with Non-Clients

Deborah Braboy, PhD, LPC-S-TA, NCC, Assistant Professor, Liberty University

Robyn Trippany Simmons, EdD, LPC-S, NCC, RPT-S, Assistant Professor, Liberty University

Jama Davis, PhD, LMHC, LPC, NCC, BCPC, Assistant Professor, Liberty University,

David R. Brown, PhD, LPCC-S, LCDC-III, NCC, ACS, Associate Professor, Liberty University

Yulanda Tyre, PhD, LPC-S, NCC, Associate Professor, Liberty University

ABSTRACT: All states have mandatory reporting of abuse of vulnerable populations for mental health professionals. However, the procedures are clear only for instances when the counselor is working with the client and has direct knowledge and information of the situation. The question arises – what is the responsibility when the counselor is aware of a situation, but has no direct knowledge of the situation or identifiable information?

Room: St. Ann Cottage Salon 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Ethical Issues in Caring for Clients with Dementia: Autonomy vs. Safety

Hsin-Ya Tang, PhD, Assistant Professor, Louisiana State University – Shreveport,
Paul Koerner, BA, Graduate Student, Louisiana State University - Shreveport
Roger Kalmbach, BGS, Graduate Student, Louisiana State University - Shreveport
Kyrenda Petty, BS, Graduate Student, Louisiana State University - Shreveport

ABSTRACT: Client autonomy is an important principle in mental health professions; however, dementia is a clinical concept characterized by clients' progressive decline in mental functioning. The decline of mental functioning in clients with dementia may present mental health professionals with the ethical dilemma of determining when the principle of autonomy or safety should be favored. In this presentation, we will discuss various ethical approaches of determining when it is necessary to limit clients' autonomy to provide the best care.

2. Independent Educational Evaluations Under the Individuals with Disabilities Education

Improvement Act (IDEIA): A Right Misunderstood by School Districts and Private Evaluators

John E. McCook, EdD, Assistant Professor, Lincoln Memorial University, Knoxville, TN

ABSTRACT: Independent Educational Evaluations under IDEIA bring a potential conflict between the private provider and the school district. The session will explore the rights of parents and school districts. The conditions for providing the independent evaluations and the use of the evaluations will be addressed.

3. Sex is Not a Dirty Word

Emily Petkus, MA, LPC, LCPC, Doctoral Candidate, Governors State University

ABSTRACT: Sexual health is a vital characteristic of wellness and an essential component for responsible, safe, and satisfying sexual lives. As professionals who work to improve the lives of their clients, counselors are beneficial in the treatment and enrichment of clients' understanding of sexuality and sexual health.

4. Being a Gatekeeper, a Professor, and a Supervisor: What is the Ethical Roadmap?

Jennifer Mani, MS, Doctoral Student, Kent State University

ABSTRACT: Being a supervisor is both a rewarding and difficult task. Supervisors are placed with an enormous responsibility of making sure counselors are fit to be counselors. What is the ethical road one must follow when working with students who have a gatekeeping issue as both their professor and their supervisor?

5. Medical Grand Rounds: Counseling Joins the Team

Gary L. Patton, PhD, LPC, NCC, Interim Chair, Professor, School of Counseling, University of the Cumberland & Assistant Dean of Admissions, Liberty University College of Osteopathic Medicine, Certified Investigator for the West Virginia Board of Examiners in Counseling

ABSTRACT: Grand rounds in acute health care require critical decisions be made in accelerated time frame. Ethical issues are often at the center of patient care. This presentation will explain a counselor's role in this arena that often remains outside the scope of professional counseling. Specific ethical issues will be addressed.

6. To Bracket or Broach: How Cultural Humility Guides the Engagement of Value Differences in Counseling

Jill Brue, PhD, Department Chair, Assistant Professor, Grace College

Cayla Bland, PhD, LCPC, Professor, Director BS Applied Psychology, Biola University

Dan Sartor, PhD, LCPC, Licensed Psychologist, VP of Integration, Richmond Graduate University

Jama L. White, PsyD, LPC, Licensed Psychologist, Assistant Dean of Clinical Training, Richmond Graduate University

ABSTRACT: Bracketing values has become the standard for managing value differences with clients. However, broaching values in counseling also has theoretical and ethical support. This presentation considers a cultural humility model as a discernment tool regarding bracketing or broaching value differences in the counseling relationship.

7. Staying Ethical in Working with Spiritually Different Clients as an Internship Student or New Clinician

Erik Braun, PhD, PLPC, NCC, Assistant Professor, Northwestern State University of Louisiana (NSULA)

ABSTRACT: Counselors avoid imposing personal values on clients, but it is not always clear how to ethically comply while staying congruent with oneself, especially with clients whose beliefs do not match one's own. The strength of belief (or disbelief) may cause difficulty in navigating this area when counseling the spiritually different.

8. Ethical Codes and Professional Voice: Sustaining the NBCC Code of Ethics

Kylie Dotson-Black, PhD, NCC, LPC, Interim President and CEO, National Board for Certified Counselors and Affiliates (NBCC)

Victoria "Tori" Torres, MS, NCC, ACS, LPCS, Chair, Board of Directors, National Board for Certified Counselors (NBCC)

ABSTRACT: The NBCC Code of Ethics reflects the counseling profession's shared beliefs regarding ethical behaviors necessary for the protection of the public. This roundtable discussion will help to illuminate the ways the profession has voice in shaping the development and revision of the NBCC Code of Ethics.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

3:00 – 4:00 pm

1. Why Risk Management is a Critical (but often missing) Part of Counselor Ethics Education

Amanda Zelechowski, JD, PhD, ABPP, Associate Professor of Psychology (Core faculty for CACREP-accredited MA Program in Clinical Mental Health Counseling), Risk Management Consultant for The Trust, Licensed Psychologist and HSPP, Licensed Attorney, ABPP Board-Certified in Clinical Child and Adolescent Psychology, Valparaiso University & The Trust

ABSTRACT: Though most counseling students receive excellent instruction in ethics, many courses do not expose emerging counselors to risk management considerations and strategies. This presentation will use real cases to demonstrate the difference between risk management and ethics and to highlight the importance of integrating risk management principles into counselor education.

Room: Orleans Ballroom

2. Telemental Health Laws, Ethics, and Best Practices

Jane Hill, PhD, LPC, LMHC, ACS, NCC, DCC, CECR, CCI, CCTP, Adjunct Professor, Lamar University

ABSTRACT: Telemental health counseling is on the rise. Online counseling is convenient for the client and counselor in many ways. Therefore, it is important for a counselor to provide Telemental health counseling legally, ethically, and effectively while using best practices to promote positive social change.

Room: St. Joseph Salon

3. Tight Knit Doesn't Have to Equal Tight Spot: Navigating Multiple Relationships in Small Communities and Schools

D. Robert Casares, Jr., PhD, LPC, NCC, Assistant Professor, PhD, Wake Forest University

Joseph W. Pistorius, MA, PLPC, Director, Catholic Counseling Service, Archdiocese of New Orleans, Doctoral Student, University of Holy Cross

ABSTRACT: Drawing from the 2014 ACA Code of Ethics, 2016 ASCA Ethical Standards, relevant academic literature, and their professional experiences, the presenters will discuss legal and ethical issues related to navigating the various types of dual relationships that commonly arise in small communities and schools. Key considerations, practical safeguards, and best practices for clinical and school counselors will be explored.

Room: St. Ann Cottage Salon 1

4. Infusing Ethical Decision-Making Throughout Counselor Development: Seven Strategies

Lucy C. Phillips, PhD, LPC, LCPC, Assistant Professor of Counselor Education, University of Central Missouri
Patricia Kimball, PhD, LPC, LPC-S, Assistant Professor Department of Counselor Education and Family Studies, Liberty University

Kristin Hauswirth, MA, Doctoral Student, Liberty University

ABSTRACT: Ethics are foundational to the counseling profession and it is imperative that counselors-in-training are developing competence in ethical decision-making. This presentation explores how counselor educators and supervisors can intentionally infuse ethical decision-making and values conflicts into practicum and internship experiences.

Room: St. Ann Cottage Salon 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Incorporating Music Therapy Throughout Sessions with Autistic Individuals

Hsin-Ya Tang, PhD, NCC, Assistant Professor of Counseling, Louisiana State University - Shreveport
Jasmin Mohamed, BS, Master Student of Counseling, BS, Louisiana State University - Shreveport
Sarah McGee, BS, Master Student of Counseling, Louisiana State University - Shreveport
Natalie Elliot, BS, Master Student of Counseling, Louisiana State University - Shreveport

ABSTRACT: Autism Spectrum Disorder has recently become an area of interest among the general population. This attention calls for therapies reducing frequency and intensity of symptoms. Music therapy has shown to aid in both of these areas. We will discuss the different types of music therapy that can be utilized as well as skills and techniques it incorporates. We will also discuss the opportunities and challenges presented by the use of music therapy.

2. Christianity in Counseling: Balancing Professional Ethics

Jeffrey Boatner, PhD, LPC-S, LMFT, NCC, Assistant Professor, Liberty University
Brandi Chamberlin, MA, Doctoral Candidate, Liberty University
April R. Crable, PhD, LPC-S, SOTP, CSAC, NCC, Professor, Liberty University
Robyn Trippany, EdD, LPC-S (AL), NCC, RPT-S, Professor, Liberty University
Kevin Van Wynsberg, PhD, Associate Professor, Liberty University

ABSTRACT: The perception exists that there is a conflict between the ethics of the counseling profession and the values of a Christianity. This reputation is sometimes, yet not always, earned. Rather than seeing faith and professional ethics as being in conflict, Liberty University's Department of Counselor Education and Family Studies believes that faith is about living out the mission of Jesus Christ, which is to stand for loving one's neighbors, unconditional positive regard for humanity, and being an advocate for those who do not have a voice. These values—which are deeply rooted in the Christian faith tradition—are closely aligned with the professional ethics that govern the profession of counseling. This panel of Liberty University Counselor Education faculty and leadership will share how the Integration Model adopted by the program aligns with the American Counseling Association Code of Ethics. Additionally, faculty will discuss the culture of the program with regard to being ethically responsible counselors who are Christian, as well as advocates and agents of social justice.

3. Therapy Animals, ESAs and SAs Oh, My! Understanding the Legal and Ethical Implications

Laura Pipoly, EdD, LPC, NCC, Full-Time Faculty Member, University of Phoenix

ABSTRACT: Understand the laws associated with emotional support animals, service animals, and therapy animals. A counselor's role in writing a letter of support will be explored, along with the differences among these terms. A discussion of efficacy studies related to ESAs will assist in an ethical decision-making framework.

4. Examining the Intersectionality of Ethical Codes and Best Practice Standards for Group Counseling in K-12 Schools

Doris W. Carroll, PhD, NCC, Associate Professor, Kansas State University
Täna Arnold, MS, Graduate Teaching Assistant & Counselor Education & Supervision Doctoral Student, Kansas State University
Susana Ortiz, MS, Graduate Teaching Assistant & Counselor Education & Supervision Doctoral Student, Kansas State University

ABSTRACT: This program shows how group counseling ethical standards and best practice guidelines intersect in K-12 schools for professional school counselors. ASCA and ACA ethical standards along with ASGW Best Practice Guidelines are highlighted. School group counseling duties for informed consent, confidentiality, treatment planning, and record storage are highlighted.

6. Rural Communities: A New Ethical Frontier for Professional Counselors

Steve F. Bain, DMin, LPC-S, NCC, Associate Professor and Chair, EDLC Department, Texas A&M University, Kingsville

Kristopher K. Garza, PhD, LPC-S, NCC, Associate Professor, Texas A&M University, Kingsville

ABSTRACT: Rural communities face disproportionate resources and services related to mental health needs. Licensed Professional Counselors who work with in these unique settings are often confronted with unique ethical decisions. Participants will review solutions to potential ethical challenges and identify personal assessment markers essential to ethical decision making.

7. Working Supportively with Student Value Conflicts: A Culturally Sensitive Model for Counselor Education

Jeffrey Parsons, PhD, LPCC, NCC, Program Director: Counselor Education & Supervision, Lindsey Wilson College
Laura Smith, EdD, LPCA, NCC, ACS, Assistant Professor of Counseling, Lindsey Wilson College
Connie Elkins, MS, LPC, NCC, Doctoral Student, Lindsey Wilson College, Outpatient Counselor at Healing Waters Counseling Center, Lindsey Wilson College
Jay Tift, MEd, LPC-MHSP, NCC, Doctoral Student, Lindsey Wilson College

ABSTRACT: This session presents a model for assisting counselor educators in addressing student value conflicts with clients. The session will explore the importance of managing student value conflicts with clients in a manner that addresses the ethical requirements of the counseling profession while maintaining respect and cultural sensitivity for student worldviews.

8. Is Post Master's Supervision and Continued Training of School Counselors Important? Issues, Challenges, and Implications

Courtney Conley, EdD, NCC, LCPC, ACS, Assistant Professor, Argosy University, Northern Virginia Campus
Jazmone S. Taylor, JD, LGPC, NCC, Child & Adolescent Therapist, Argosy University, Northern Virginia Campus
ABSTRACT: Are school counselors regularly being asked to practice outside their scope of competence? How important is supervision for school counselors? This presentation will explore the lack of post-master's clinical supervision of school counselors considering the current epidemic of school violence and the acute counseling needs of today's youth.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

4:15 – 5:15 pm

1. Ethics on Demand: Current Questions and Investigated Scenarios from Counselors in 2018: Experiences of a Counselor LPB Board Complaint Investigator

Nicholas Ramon DeJesus, MA, LPCX, NCC, Doctoral Candidate, LPC Ethics Consultant and Investigator for the NCBLPC, CLEAR Certified Investigator, North Carolina Board of Licensed Professional Counselors
ABSTRACT: Many ethics seminars are generic, especially if an attorney presenter is involved. This seminar is different. Rather than avoiding clinical issues, attendees will explore current ethical and legal questions that have been asked by active therapists, as well as analyze ethical scenarios similar to ones that the presenter has investigated in 2018.

Room: Orleans Ballroom

2. \$\$\$ Therapy – Ethical Considerations for Interested Practitioners

Matt Morris, PhD, LPC-S, LMFT-S, Professor of Counseling, University of Holy Cross, New Orleans
Erik Garcia, BS, Financial Advisor, Certified Financial Planner (CFP®), Series 65, 63, 7, 6, Garcia Financial Group, New Orleans
ABSTRACT: The practice of Financial Therapy, an interdisciplinary field defined as “the integration of cognitive, emotional, behavioral, relational, and economic aspects that influence financial well-being, and ultimately, quality of life” by the Financial Therapy Association (FTA), is a growing support service for modern families. In support of their clients, interested counselors are well advised to gain knowledge and skills in financial therapy, and in working collaboratively with financial professionals. Yet, this brings new ethical considerations. This engaging presentation by an LPC & LMFT and a Certified Financial Planner will explore the ethics, along with the potentiality, for counselors in adding this collaborative service to their practice.

Room: St. Joseph Salon

3. Novel Approaches to Exploring Age-Old Challenges: Using Mental Health Podcasts to Teach and Process Complex Ethical Dilemmas

D. Robert Casares, Jr., PhD, LPC, NCC, Assistant Professor, Wake Forest University
ABSTRACT: The digital audio medium of podcasting has become increasingly popular over the past five years and provides a vast resource of free, educational, and engaging content. Drawing from the 2014 ACA Code of Ethics, 2016 CACREP Standards, relevant academic literature, and anecdotal examples drawn from the presenter's work as a counselor educator, this presentation will illustrate the diverse uses of podcasts for teaching and processing complex legal and ethical issues. Sample case studies will be explored and an extensive list of podcasts relevant to counseling ethics will be provided.

Room: St. Ann Cottage 1

4. Emotionally Focused Couples Therapy (EFT): Diagnosis and Ethical Practice

Catherine Roland, EdD, LPC, NCC, Private Practitioner, New Orleans, Louisiana, Professor (part-time), Argosy University, Washington, DC

ABSTRACT: EFT is an important strategy for use with appropriate couples. Based in Humanistic and Relational theories, emphasizing the “now” and emotional engagement, it almost sounds perfect. But it’s not perfect for all couples. Careful, educated diagnosis will ensure the ethical practice of couples counseling using ETF as a treatment technique.

Room: St. Ann Cottage Salon 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Preventing Unethical Referrals Within the Counseling Profession

Hsin-Ya Tang, PhD, NCC, Assistant Professor, Louisiana State University – Shreveport

Christian Péré, BS, Master Student, Louisiana State University – Shreveport

William LaPort, BS, Master Student, Louisiana State University – Shreveport

Kimberly Wood, BS, Master Student, Louisiana State University – Shreveport

ABSTRACT: Providing accurate and timely referrals is an important responsibility of counselors in a culturally diverse society. In this presentation, we will explore three client populations to demonstrate the frequency of unethical referrals. These groups include members of the LGBTQ population, racial minorities, and older members of society. We will also discuss multicultural considerations to help prevent unnecessary and unethical referrals based on differences in client/counselor beliefs.

2. Perceptions of Psychological Resilience in Treatment Bias

Keesha Kerns, PhD, LPC, NCC, ACS, Clinical Coordinator, Assistant Professor, Norfolk State University

Sophia Taylor, PhD, LPC, LMHC, ACS, Assistant Professor, Liberty University

Jill Ardley, PhD, Office of Clinical Experiences Director, Associate Professor, Norfolk State University

Angela Goodloe, EdD, Leadership Education Coordinator, Assistant Professor, Licensed Educational Supervisor & Superintendent, Norfolk State University

ABSTRACT: Perceptions of psychological pain and resilience vary in treatment based on clinicians’ beliefs about race, ethnicity, and gender. To provide optimum treatment for all clients, counselors must avoid misperceptions rooted in bias that can lead to disparities in treatment, causing the therapeutic relationship to be unethical and harmful to clients.

3. Dual Relationships: Unethical or Unavoidable?

Maegan J. Tatum, Med, LPC, NCC, Doctoral Student, University of Mississippi

Amy M. King, EdS, NCC, NCSC, Doctoral Student, University of Mississippi

Abstract: According to the American Counseling Association Code of Ethics, dual relationships are to be considered unethical. However, research shows that dual relationships may be unavoidable. Presenters will review literature, examine case studies, and discuss personal experiences in order to facilitate discussion on unavoidable dual relationships.

4. Ethical Codes and Professional Voices: Sustaining the NBCC Code of Ethics

Kylie Dotson-Blake, PhD, NCC, LPC, Interim President and CEO, National Board for Certified Counselors and Affiliates

Victoria “Tori” Torres, MS, NCC, ACS, LPCS, Chair, National Board for Certified Counselors and Affiliates

ABSTRACT: The NBCC Code of Ethics reflects the counseling profession’s shared beliefs regarding ethical behaviors necessary for the protection of the public. This roundtable discussion will help to illuminate the ways the profession has voice in shaping the development and revision of the NBCC Code of Ethics.

5. Maintaining Confidentiality as a School Counselor: Staying Ethical When No One Wants It

Timothy Brown, PhD, LPC, CSC, NCC. Dr., Sam Houston State University

ABSTRACT: Relationships with parents, teachers, and principals are essential to functioning as a successful school counselor, but what do you do when an administrator insists you break confidentiality? How do you remain ethical while preserving the relationship? In this presentation, we will discuss how school counselors can maintain confidentiality and relationships.

7. A Cautionary Tale: Gatekeeping – Ethical and Legal Concerns for Counselor Supervisors

Connie T. Theriot, PhD, Licensed Professional School Psychologist, Speech/Hearing/Language Pathologist, Deaf Education Teacher, and Secondary English Teacher, Professor, Lincoln Memorial University

John McCook, EdD, Assistant Professor, Lincoln Memorial University

ABSTRACT: This session will explore specific supervision guidelines related to practicum/internship placements for counselor educators. Specifically how do current case and state laws, as well as, ethical codes affect supervisees' rights and what are the legal responsibilities of supervision and the university's attendant responsibilities?

8. The Ethics of Distinguishing Depression, Bereavement and Complicated Bereavement

Prachi Kene, PhD, Licensed Clinical Psychologist, ACS, Associate Professor, Rhode Island College

ABSTRACT: The grief exclusion criterion, which states that someone who has experienced a recent bereavement is not eligible for a diagnosis of major depression, was removed from the Diagnostic and Statistical Manual of Mental Disorders – Fifth Edition (DSM-5). This scientifically guided change has raised ethical questions that impact diagnosis, treatment, and insurance-related decisions.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

Thursday February 21, 2019

7:45 am – 12:30 pm

**Registration and Information
Hotel Entry Foyer**

8:30 – 9:30 am

1. Ethical Implications for Psychopharmacological Interventions as an Adjunct to Counseling

J. Scott Hinkle, PhD, NCC, CCMHC, ACS, Director of Professional Development, National Board for Certified Counselors (NBCC)

ABSTRACT: As integrated care becomes more popular in the US, the use of psychoactive medications is increasing. Suggesting that “patients” see a medical professional for a potential prescription comes with a host of ethical issues that need to be considered for effective case management. Among these are appropriate referrals, communication with medical staff, medication and side-effects monitoring, and follow-up.

Room: Orleans Ballroom

2. Appropriate Supervision of Counseling Using DSM 5 Cross Cutting Symptom Measures

Roy A. Salgado, Jr., PhD, LPC-S, LMFT-S, NCC, Professor, University of Holy Cross,

Reshelle C. Marino, PhD, LPC-S, NCC, Assistant Professor, Southeastern Louisiana University

ABSTRACT: It is vital that supervisors remain acutely aware of the law and ethics involved with the appropriate use of diagnostic tools in counseling. Best supervisory practices regarding the appropriate use of diagnostic tools will be discussed.

Room: St. Joseph

3. Employing Dramatic Vignettes in Teaching Ethical Decision Making

Walter L. Frazier, PhD, LPC-S, NCC, Walden University

Jason Patton, PhD, LPC, Walden University

ABSTRACT: The session presenters will present a dramatic vignette of an ethically charged situation and then will engage participants in a dialogue with the vignette players and other stakeholders to explore the nuances of the situation. This exercise will demonstrate how to employ effectively dramatic vignettes in teaching ethics.

Room: St. Ann 1

4. FERPA and HIPAA: How They Apply to Counselor Supervision

Doris W. Carroll, PhD, NCC, Associate Professor, Kansas State University

Connie T. Theriot, PhD, Professor, Lincoln Memorial University, Knoxville, TN.

ABSTRACT: The purpose of this program is to help counselor education faculty recognize the importance of educating students on the complexities surrounding the legal obligations of these two federal regulations, HIPAA and FERPA. Misapplication of the proper federal mandate could adversely affect student counselors and their supervisors' legal obligations.

Room: St. Ann 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. When "Time's Up," Find Courage to Act

Faith Deveaux, PhD, NYS Certified Psychologist, Associate Professor, Lehman College of the City University of New York

ABSTRACT: As professional counselors, students, supervisors, and counselor educators, we work within organizations to advance diversity, social justice, and equity. Whether as victims or bystanders, when we witness behaviors that assault these expectations, we have a responsibility to take courageous action to be role models and advocates. Share experiences and brainstorm in this session.

2. Ethical Considerations for Clinical Mental Health Providers in Schools

Erin Sims, MS, LPC, Communities in Schools Site Coordinator, First Line Live Oak

Sarah Barnes, MEd, PLPC, NCC, Communities in Schools Site Coordinator, Foundation Preparatory Charter School

ABSTRACT: Clinical mental health counselors working in school settings face unique, and often precarious ethical challenges. Through participatory activities, audience members will practice utilizing the ASCA and ACA Code of Ethics and an ethical decision-making model to navigate the ambiguity that occurs in fast-paced school settings.

3. Professional Ethics and Legal Issues for Addiction Professionals

Karin M. Dumont, PhD, NCC, LPC-S, LCAS, CCMHC, ACS, CCMC, CCCJS, Assistant Professor, Liberty University

ABSTRACT: The focus will be on ethics, morals, and the law as applied to addiction counseling. The basis for addiction treatment professional ethics is included. Specific ethical issues of boundary violations, self-disclosure, dual relationships, and confidentiality are addressed. An ethical decision-making model will assist participants with future ethical issues. Clinical supervision in ethical decision-making is examined.

5. OMG....I Think My Therapist Wrote a Post About Me!

Antoinette Lancaster, EdD, LCPC, LPC, NCC, MAC, SAP, Executive Director/Lead Clinician/Clinical Supervisor/Educator, Diversified Lifestyles Services, National Harbor, Maryland

ABSTRACT: Pursuant to ACA Code of Ethics, Section H.6. Social Media, counselors are permitted to establish a virtual professional presence, required to incorporate social media as a part of informed consent, respect the client virtual presence, and take precautions in the use of public social media. In doing so, we are to safeguard the integrity of the counselor-client relationship and avoid actions that cause harm. So why are we creating posts about our clients?

6. Ethical and Legal Issues in the Delivery of Distance-Based Counseling Services

Rachel O'Neill, PhD, LPCC-S, Core Faculty, MS in Clinical Mental Health Counseling Program, Walden University

Brandy Gilea, PhD, LPCC-S, NCC, Core Faculty, MS in Clinical Mental Health Counseling Program, Walden University

ABSTRACT: Increasingly, counselors have opportunities to deliver distance-based counseling through messaging-based application services. Effective and ethical distance counseling involves a unique skill set that differs from traditional face-to-face counseling. The presenters will review the application of counseling skills to distance-counseling and discuss ethical and legal considerations unique to distance counseling.

7. Ethical Challenges From the Field

John Duggan, MA, LCPC, LPC, Doctoral Candidate, Argosy University, Northern Virginia

ABSTRACT: As a professional staff member at the American Counseling Association who has also had a counseling private practice, the presenter will discuss ethical and legal issues that have been brought to his attention by ACA members. The nuances of various ethical and legal issues will be discussed and possible solutions will be suggested.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

10:00 – 11:00 am

1. The Court System and Mental Health: What Mental Health Clinicians Need to Know

John Travis Spoeede, Jr., PhD, LPC-S, LCDC, NCC, Certified School Counselor, Credentialed Mediator, Director, Center for Research and Doctoral Studies & Assistant Professor, Houston Baptist University

Angela Williams Spoeede, JD, Texas Board Certified Civil Appellate Attorney, Credentialed Mediator

ABSTRACT: In this presentation, participants will learn how mental health professionals can navigate the court systems. Topics will include subpoenas, expert witness, character witness, testimony, open and closed records, and privileged communication.

Room: Orleans Ballroom

2. Counselor Boundary Violations: Survey Findings and State Reports of Sanctions

Charles Jacob, PhD, Licensed Psychologist, LPC, MFT, Psychologist/Lecturer, The University of Pennsylvania Graduate School of Education

ABSTRACT: The statutes regarding sexual relationships with clients are among the most clearly stated in the ACA Code of Ethics. As such, counselor educators should be aware of the frequency and management of such occurrences. Results of a national survey will be presented, as well as recent findings regarding self-control strategies.

Room: St. Joseph

3. Ethical Use of the DSM 5 Cross Cutting Symptom Measures by Counselors

Roy A. Salgado, Jr., PhD, LPC-S, LMFT-S, NCC, Professor, University of Holy Cross

Amanda R. Salgado, PhD, LPC, NCC, Adjunct Faculty Member, University of Holy Cross

ABSTRACT: It is vital that counselors remain acutely aware of the law and ethics involved with the appropriate use of diagnostic tools in counseling. Presenters will encourage an interactive discussion around the current practices of diagnostic tools and provide best practice procedures of such activities.

Room: St. Ann 1

4. Ethical Considerations to Building Effective Relationships with Community Stakeholders

Matt Barrington, Faculty Affiliate, MA, LCPC, NCC, Adler University, Chicago, Illinois

J.R. Bocian, MA, School Counselor, School Counselor and School Administrative Licenses, School Counselor, McHenry High School District 156, Illinois

ABSTRACT: Effective counseling services for youth and students are often reliant upon the intersection of multiple systems. Presenters will explore previously unaddressed questions related to the ethics of partnerships among secondary schools, higher education, community based organizations, and funders both within the United States and within an international contexts.

Room: St. Ann 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Human Trafficking: Clinical Implications for Medical and Health Care Professionals

Reshelle C. Marino, PhD, LPC-S, Assistant Professor of Counseling, Southeastern Louisiana University;

ABSTRACT: Human Trafficking is a market-driven criminal industry. It is imperative that research is expanded to help medical and mental health professionals best understand how to work with buyers, sellers, and trafficked individuals. Participants will discuss national and statewide protocols and clinical implications for working with various aspects related to human trafficking.

2. Staying Informed: A Discussion of Confidentiality and Informed Consent in Schools

Joseph Pistorius, MA, PLPC, NCC, Director of Catholic Counseling, Archdiocese of New Orleans, Doctoral Student, University of Holy Cross

Alexander Becnel, MA, PLPC, NCC, School Counselor, Brother Martin High School, New Orleans, Louisiana, Doctoral Student University of Holy Cross

Vicki Guilbeau, MS, LPC, NCC, NCSC, School Psychologist, Doctoral Student, University of Holy Cross

ABSTRACT: This discussion will address common challenges with confidentiality and informed consent in schools through a discussion of the relevant academic literature, ASCA & ACA Codes of Ethics, and professional experiences. Audience feedback and consultation will be solicited to identify relevant best practices among professionals in school settings.

3. Ethical Counseling of Impaired Adolescents: Client Autonomy Versus Parental Authority

Hsin-Ya Tang, PhD, NCC, Assistant Professor, Louisiana State University – Shreveport

Christian Péré, BS, Master Student, Louisiana State University – Shreveport

William LaPort, BS, Master Student, Louisiana State University – Shreveport

Kimberly Wood, BS, Master Student, Louisiana State University – Shreveport

ABSTRACT: Providing accurate and timely referrals is an important responsibility of counselors in a culturally diverse society. In this presentation, we will explore three client populations to demonstrate the frequency of unethical referrals. These groups include members of the LGBTQ population, racial minorities, and older members of society. We will also discuss multicultural considerations to help prevent unnecessary and unethical referrals based on differences in client/counselor beliefs.

4. Professional Engagement and Ethical Decision Making

Susan Meyerle, PhD, LIMHP, CEAP, President, Life Resources, LLC & The Insight Program

ABSTRACT: When professionals are engaged in their professional associations, they are less likely to appear before the regulatory board due to ethical complaints being filed against them. Learn the resources counselors use to engage in ethical practice including the types of resources used, the frequency with which those resources are used, and which are perceived to be most helpful.

5. Distance Counseling, Distance Learning, Distance Supervision, Law, and Ethics

Dustin Herbert Reed, PhD, LPC, NC, CRC, Assistant Professor, Argosy University, Tampa, Florida

ABSTRACT: What are the legal and ethical implications for distance learning, distance counseling, and distance supervision in counseling? This presentation will discuss research concerning law and ethics on the subject of using technology for learning, counseling, and supervision. In a world connected by technology what will you need in serving others?

6. A Collaborative Model of Supervision to Support the Ethical Roles and Responsibilities of University and Site Supervisors

Anna M. Koch, PhD, NCC, CRC, LPCC, Assistant Professor & Rehabilitation Counseling Program Coordinator
New Mexico Highlands University

Geri Glover, PhD, LPCC, NCC, RPT-S, Licensed School Counselor, Associate Professor & Chair, New Mexico
Highlands University

Abstract: Counselor educators and site supervisors play an integral role in the training of counseling students. To be presented is a collaborative model of supervision which orients both supervisors to their ethical roles and responsibilities. This model provides a structure for communication to provide optimal support for the student.

7. Ethical and Practical Considerations of Psychological Fitness in Counselors

Keesha Kerns, PhD, NCC, ACS, Clinical Director, Assistant Professor, Norfolk State University

Sophia Taylor, PhD, LPC, LMHC, ACS, Assistant Professor, Liberty University

David Ford, PhD, LPC, NCC, ACS, Assistant Professor, Monmouth University

Jennifer Perry, MA, NCC, MI, Triple P Provider, Doctoral Student, University of North Carolina at Charlotte

Cedric Cooks, DPC, LPC, NCC, NCSC, Professional School Counselor, Adjunct Faculty Member, Jackson State
University

ABSTRACT: Lack of psychological fitness of counselors is the leading factor of impaired clinicians in the counseling profession. The signs of impaired psychological fitness are missed because they vary based on the counselor and the situation. Psychological fitness fosters objective evidence that a counselor is incapable to ethically provide effective services to client.

8. Fostering a Professional Ethical Identity in Our Students – From the Inside Out

Sharon K. Anderson, PhD, Psychologist, Professor, Colorado State University

ABSTRACT:

Fostering a professional ethical identity is intentional work. The presenter will briefly discuss the concept of professional ethical identity and share classroom experiences and assignments she uses in her ethics course. Those attending will be provided with practical and thought-provoking possibilities to consider for their own ethics courses.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

11:15 – 12: 15 pm

Keynote Speaker:

Kelly Wester, PhD, LPC, NCC

Counseling Faculty Member

University of North Carolina at Greensboro

Greensboro, North Carolina

**Muddy Waters: Ethical Considerations Surrounding
Nonsuicidal Self-Injury**

Room: Ballroom

Afternoon Free

Friday

February 22, 2019

7:45 am – 12:30 pm

Registration and Information

Hotel Entry Foyer

8: 30 – 9:30 am

1. Counselor Self-Care and Wellness as an Ethical Mandate

Patricia A Thomas, PhD, LPC-S, NCC, Assistant Professor, University of Holy Cross

ABSTRACT: Self-care refers to behaviors we use that promote our wellness and ability to cope. If we neglect self-care, our professional work suffers and we don't have the resources we need to effectively serve our clients. This session will explore some short and long-term approaches to self-care, including suggested activities.

Room: Orleans Ballroom

2. Ethical and Legal Implications of Counseling Professionals' Social Media Practices

Brandy L. Gilea, PhD, LPCC-S, NCC, Walden University,

Rachel O'Neill, PhD, LPCC-S, Walden University,

Stephanie Fellenger, MEd, LPCC-S, Doctoral Student, Walden University

ABSTRACT: Social media use has an impact on the lives and relationships of counseling staff members.

Technological changes occur at a pace that exceeds updates to laws, ethical codes, and the practices of counselors.

The presentation will increase counselors' awareness of potential ethical and legal ramifications associated with their social media use and offer strategies to guide practice.

Room: St. Joseph

3. Ethical and Legal Responsibilities in Documentation

James H. Dalton, PhD, LPC, MHSP, NCC, CCMHC, Assistant Professor of Clinical Mental Health Counseling, Freed-Hardeman University

Gayle Michael Cravens, EdD, LPC, MHSP, LMFT, NCC, Certified Family Life Educator, AMHCA Diplomate in Mental Health/Couples Counseling and Integrated Behavioral Health Care Counseling, Professor of Clinical Mental Health Counseling and Behavioral Sciences, Freed-Hardeman University

ABSTRACT: While professionals agree that counseling services must be documented, there remains disagreement about what the documentation should include. This presentation will review the foundational ethical and legal standards for documentation in order to present practical guidelines for clinicians of what should and should not be included in medical records.

Room: St. Ann 1

4. Law Enforcement and Counselor Mental Health and Crisis Intervention Training: How Do We Bridge the Gap?

Michelle Wade, EdD, LCPC, LPC, NCC, ACS, DCC, Assistant Professor, Marymount University

Perri Hooper, Bachelor's Degree, Certified Alcohol and Drug Counselor Trainee in Maryland, Master's Student, Marymount University

ABSTRACT: The presenters will facilitate a discussion regarding the ethical concerns within the crisis intervention field of mental health. Law enforcement responds to crisis calls that involve people with mental illness on a daily basis. Law enforcement officers are expected to know how to work with people in mental health crises, often with limited training. The Crisis Intervention Team (CIT) training has been a successful program in which law enforcement officers receive 40-hours of mental health training in order to better prepare them for this important work. However, CIT has not been implemented in all jurisdictions and agencies. This session will provide the time to have conversations about the knowledge and skills required by counselors and law enforcement personnel to best serve their clients and the community. Multicultural competency and ethics are equally as important for law enforcement as they are for counseling professionals. There is a need in the community for these conversations to take place in order for both professionals to provide ethical and efficient services to people with mental illness facing crisis situations.

Room: St. Ann 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Re-Imagining a Competency-Based Approach to Multicultural Supervision: An Ethical Imperative

Ashley E. Combs, MA, LPC, NCC, CAADC, Doctoral Student, Indiana University of Pennsylvania

Laura Corbett-Contorchick, MA, Doctoral Student, Indiana University of Pennsylvania

ABSTRACT: The first multicultural supervision model and those that followed continue to account for emerging research. Social justice, as part of multicultural competency, has yet to be addressed in these models. This session will propose a model of supervision that incorporates the Synergistic model of Multicultural Supervision and the MSJCC.

3. Navigating Ethical Dilemmas When Working with Military Families

Edward (Franc) Hudspeth, PhD, NCC, LPC-S, ACS, RPh, RPT-S, CPC, DDP-1, Associate Dean, Southern New Hampshire University

ABSTRACT: Working with military members or military families requires specific training, military cultural competency, and awareness of the unique ethical challenges that may present when working with this population. This session describes military culture, ethical dilemmas unique to military settings, and ethical decision-making models for informed, ethical practice.

4. Advocacy Counseling with African American Clients: Challenges and Ethical Responsibilities

Brittany A. Williams, MS, Doctoral Student, James Madison University

ABSTRACT: Cultural factors construct every client's world. Following the recent increase in expressed racial tension in the United States, counselors are called to help communities heal. This presentation will highlight the human experiences at the heart of social justice work and counselor attributes, skills, and ethical issues associated with advocacy counseling.

5. Gatekeeping: from Application to Graduation – the Role of the Counselor Educator

Ouida Frazier-Smith, PhD, LPC-S, NCC, Assistant Professor, University of Holy Cross

Hasaan Reeder, MA, PLPC, Doctoral Candidate, University of Holy Cross

Ryan White, PhD, LPC-S, NCC, Director of the Thomas E. Chambers Counseling and Training Center, University of Holy Cross

ABSTRACT: This presentation explores the complex role of counselor educators as gatekeepers for the counseling profession, with consideration given to the ethical obligation and potential methods for evaluating, screening, educating, training, and remediating students who aspire to become counselors.

6. Ethics and Psychoanalytically-Informed Counseling

Kendra A. Surmitis, PhD, LPC, Prescott College, Prescott, Arizona

Cali Millette, LPC, NCC, Prescott College, Prescott, Arizona

ABSTRACT: The psychoanalytically-informed counselor considers relational trends throughout the therapeutic process. While integrating the personhood of the therapist, boundaries are critical to maintaining the clinical frame and therapeutic alliance. This session utilizes clinical vignettes to illustrate ethics specific to psychodynamic counseling. Attendees are encouraged to share reactions to the complexities of psychodynamic counseling.

7. Empowering the African American Client: Demystifying Mental Health!!

Angela D. Jackson, PhD, LCPC, NCC, Irvine Associate Professor, Concordia University

ABSTRACT: Client Welfare, Informed Consent, and Avoiding Harm and Imposing Values are ethical standards to consider when empowering the African American client!! Culturally responsive techniques such as cultural sensitivity, building rapport, and clarifying counseling expectations will be explored via roleplays and visual media. Tips for demystifying mental health will be highlighted.

8. Ethical Considerations for Group Work: Working with Children and Adolescents

Jessica Herrera, MA, LAC, NCC, Certified School Counselor, Practicing Case Manager and Intensive In-Home Counselor, Cliffside Park, New Jersey

Geraldine Lopez, MA, NCC, LAC, University Academic Advisor

ABSTRACT: This session will focus on what clinicians need to consider when navigating ethical roadblocks in group work with minors. The presenters will discuss current literature addressing the ethical responsibilities of working with children and adolescents, as well as the literature exploring the limitations and ethical challenges of confidentiality.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

9:30 – 10:00 am

Coffee Break

10:00 – 11:00 am

1. Learn How to Identify Fatal Flaws When Preparing for Active Shooter Events

Thomas Allen Fonseca, PhD, LPC-S, LMFT-SC, NCSC, NCC; Associate Professor, University of Holy Cross, New Orleans, Louisiana

Dustin Herbert Reed, PhD, LPC, NCC, CRC, National Certified Instructor of (ALICE); Assistant Professor, Argosy University, Tampa, Florida

Richard Twiggs, MA, NCC; Doctoral Student, University of Holy Cross, New Orleans, Louisiana

ABSTRACT: Attendees will gain an understanding of how to offer informed suggestions to improve active shooter event emergency plans for private practices, agencies, and school campuses. Learn how to identify responsibilities for duty of care, liability exposure and OSHA compliance. There will be a brief question and answer period at the end of the workshop.

Room: Orleans Ballroom

2. The Ethics of Using Social Media

Michelle E. Wade, EdD, LCPC, LPC, NCC, ACS, DCC, Assistant Professor, Marymount University

ABSTRACT: Social media is pervasive within our clients, and our own lives. This presentation will discuss the ethical considerations in choosing to utilize (or not) social media with clients. Additionally, ethical considerations regarding personal social media presence will be discussed.

Room: St. Joseph

3. The Ethics of Disaster Mental Health: Disillusionment Among First Responders

Scott Tracy, Professor, Ed.D, Nationally Certified Paramedic, LPC, Certified School Counselor, Approved Clinical Supervisor, NCC, Allied Addiction Specialist, Professor, Kutztown University

Frank Potylycki, BS, Graduate Student, Kutztown University

Laura Johnson, BS, Graduate Student, Kutztown University

Evelyn Lopez, BS, Graduate Student, Kutztown University

Shelby Brightbill, BS, Graduate Student, Kutztown University

ABSTRACT: The aftermath of Hurricane Katrina and failures of the federal emergency response to the disaster shed light on many ethical issues surrounding disaster recovery operations. This presentation is a follow-up to how FEMA response protocols have changed and new developments in the provision of mental health services for first responders.

Room: St. Ann 1

4. Beyond the Digital Screen: A Proposed Model of Online Gatekeeping

Stephanee R. Standefer, PhD, LCPC, Program Director, Northwestern University

ABSTRACT: Counselor educators and supervisors, as gatekeepers for the counseling profession, have an ethical responsibility to prepare competent counselors through training, evaluation, and supervision. Additionally, counselor educators and supervisors have an ethical obligation to protect the public and the counseling field's integrity by remediating or dismissing students who do not meet professional standards of competency. Concurrently, online counselor education programs are increasingly popular due to their accessibility and convenience. The presenter will share findings from a recent grounded theory study to yield a proposed model of online gatekeeping.

Room: St. Ann 2

Roundtables below will be held in the St. Mary Salon 1 and St. Mary Salon 2

1. Ethical Considerations for International Immersion Projects in Counselor Education

Denise Daniel, PhD, LPC, ACS, Associate Professor, Liberty University

Jeanne Brooks, PhD, LPC, Professor, Liberty University

Mary Deacon, PhD, LPC, NCC, ACS, Liberty University

ABSTRACT: International immersion trips for counseling students are increasingly being used in counselor education programs to meet ACA and CACREP recommendations for training culturally competent counselors. These trips offer advantages over the traditional classroom but raise ethical issues. This session will review the ethical issues and assist participants in developing effective strategies for student/client safety.

2. Vicarious Trauma in Male Counselors Who Counsel Children Who Have Experienced Trauma

Kathleen M. Wallace, PhD, LPC-S, NCC, Counselor, Russellville, Arkansas

ABSTRACT: Men are increasingly underrepresented in counselor education and in the counseling profession, with only 27% of members of the American Counseling Association reporting as men. Men in counseling often feel marginalized and isolated. Additionally, they are socialized to be independent, emotionally and physically strong, and to focus on success, while being discouraged from seeking help. Continual exposure to the trauma material of others can cause secondary trauma, with cumulative deleterious effects. The presenter will present the results of a qualitative study of male counselors who counsel children who have experienced trauma.

3. Reducing the Prevalence of Domestic Violence in Rural Areas

Sopheia Jones, MA, PLPC, Doctoral Student, University of Holy Cross, New Orleans, Louisiana

Drue McInnis, BS, Master Student, Louisiana State University – Shreveport

Shaylee Sirmons, BS, Master Student, BS, Louisiana State University - Shreveport

Tangela Smith, BA, Master Student, Louisiana State University – Shreveport

ABSTRACT: Domestic violence is a nationwide crisis that can affect anyone, yet the problem is often overlooked, excused, or denied. This is especially true in regional, rural, and remote areas. This presentation will focus on domestic violence in rural communities. We will use three vignettes to illustrate the early warning signs and characteristics of different types of abuse and unique barriers rural victims face with domestic violence. Resources and techniques to aid in decreasing abusive behaviors and increasing reports of abusive behaviors will also be discussed.

4. Ethics and Psychoanalytically-Informed Counseling

Kendra A. Surmitis, PhD, LPC, NCC, Associate Faculty Member, Prescott College, Prescott, Arizona

ABSTRACT: The psychoanalytically-informed counselor considers relational trends throughout the therapeutic process. While integrating the personhood of the therapist, boundaries are critical to maintaining the clinical frame and therapeutic alliance. This session utilizes clinical vignettes to illustrate ethics specific to psychodynamic counseling. Attendees are encouraged to share reactions to complexities of psychodynamic counseling.

5. Values Differences in Sexual Behaviors: Ethical Implications for Counselors

Brittany Lashua, PhD, LPC, AEDP Level 1, Clinical Director, Mind and Heart Counseling, Missouri

Lucy C. Phillips, PhD, LPC, LCPC, NCC, Assistant Professor, University of Central Missouri

ABSTRACT: The ACA Code of Ethics requires counselors to avoid imposing their values on clients, which can be particularly challenging related to sexual behavior. This presentation will explore ethical bracketing in the context of human sexuality and sexual behavior. Case studies will be used to explore values conflicts related to sexuality.

6. Counseling Interns with Disabilities, or Disabled Counselor Interns? Legal and Ethical Issues on Accommodations in Counselor Education and Supervision

Beto Davison Avilés, PhD, LPC, School Counseling Certified, Bradley University

Jobie L. Skaggs, PhD, LPC, Interim Associate Provost, Bradley University

ABSTRACT: Imagine you supervise a skilled counselor intern with a disability requiring mobility accommodations and a personal assistant present at all times to help with eating and drinking and other normal body functions. What are the legal/ethical issues, including supervisor or intern responsibilities to site/agency, clients, school, students, parents, etc?

7. Implementing Trauma Informed Care Principles in Counselor Education

Sophia Taylor, PhD, LPC, NCC, ACS, DCC, Assistant Professor, Liberty University

ABSTRACT: Working with a student's actively triggered trauma symptoms is an ethical dilemma for counselor educators. The ethical challenge is around confidentiality, student self-care, and insuring the student presentation of trauma symptoms does not impact the student course grade. Implementing trauma informed care principals in counselor education is an ethical best practice.

8. Initiating and Increasing our F-L-E-X-I-B-I-L-T-Y

Brenda Ross, MA, LPC, Assistant Professor, Concordia University, Chicago, Illinois, Doctoral Candidate, Governors State University

ABSTRACT: Every counselor knows the importance of Flexibility in practice and supervision! But what techniques can be employed to actually increase your dispositional flexibility? Experimentally explore and practice new internal flexibility skills as you work through two to three ethically challenging cases.

Roundtables above will be held in the St. Mary Salon 1 and St. Mary Salon 2

11:15 – 12: 30 pm

Keynote Speaker:

David Capuzzi, PhD, NCC, LPC

Senior Core Faculty Member

Walden University

Minneapolis, Minnesota

Professor Emeritus

Portland State University

Portland, Oregon

**The Ethics of Gate Keeping in Counselor Education:
Dilemmas, Strategies, and Choices**

Room: Orleans Ballroom

Conference Closing:

Dr. Ted Remley, Conference Chair

Professor, University of Holy Cross, New Orleans, Louisiana



Join Dr. Ted Remley and the University of Holy Cross for international counseling institutes held annually in Italy and Ireland. For detailed information on institutes, see <http://uhcno.edu/internationalPrograms>.

**2019 Institute Dates
All institutes are held annually**

- **Italy Play Therapy Institute, March 10 - March 23, 2019**
- **A Counselor's View of Italy Institute, May 14 – May 31, 2019**
- **A Counselor's View of Ireland Institute, July 30 - August 10, 2019**

Email Dr. Ted Remley at tremley@uhcno.edu if you have questions about institutes.