



UHC Curriculum Guide for Master of Arts in Counseling Specialization in Clinical Mental Health (2025-2026)

A Ministry of the Marianites of Holy Cross



Course	Description	Hrs	Gr.	Sem.	Course	Description	Hrs	Gr.	Sem.
COU 600	Human Growth and Development	3			COU 618	Appraisal in Counseling	3		
COU 601n	Introduction to Techniques in Professional Counseling	3			COU	Marriage, Couple, and Family elective	3		
COU 602	Social and Cultural Foundations	3			COU 635	Chemical Dependency from a Systems Perspective	3		
COU 605	Career and Lifestyle Development	3			COU 641	Clinical Mental Health Counseling	3		
COU 606	Theories of Counseling	3			*COU 650	Sexual Trauma	3		
COU 607	Theory and Practice of Group Counseling	3			COU 699	Practicum in Counseling	3		
COU 609	Professional Orientation/Ethics	3			COU 710	Internship in Counseling	3		
COU 610	Research Methodology and Program Evaluation	3			COU 710	Internship in Counseling	3		
COU 615N	Diagnosis and Treatment of Mental Disorders	3			COU	Graduate Electives	3		
COU 616	Techniques in Counseling	3			COU	Graduate Electives	3		

Total Curriculum

60