



**UHC Curriculum Guide for
Master of Arts in Counseling
Specialization in Marriage, Couple, and Family (2025-2026)**

A Ministry of the Marianites of Holy Cross



Course	Description	Hrs	Gr.	Sem.	Course	Description	Hrs	Gr.	Sem.
COU 600	Human Growth and Development	3			COU 618	Appraisal in Counseling	3		
COU 601n	Introduction to Techniques of Professional Counseling	3			COU 631	Marriage and Family Counseling	3		
COU 602	Social and Cultural Foundations	3			COU 635	Chemical Dependency from a Systems Perspective	3		
COU 605	Career and Lifestyle Development	3			COU 661	Counseling Couples	3		
COU 606	Theories of Counseling	3			COU 662	Counseling Families	3		
COU 607	Theory and Practice of Group Counseling	3			COU 663	Advanced Studies in Systems Theory	3		
COU 609	Professional Orientation/Ethics	3			COU 699	Practicum in Counseling	3		
COU 610	Research Methodology and Program Evaluation	3			COU 710	Internship in Counseling	3		
COU 615N	Diagnosis and Treatment of Mental Disorders	3			COU 710	Internship in Counseling	3		
COU 616	Techniques in Counseling	3			COU	Marriage and Family Elective	3		

Total Curriculum

60