Play Therapy in Italy Institute 2022

...an international institute and refereed conference for undergraduate students, counseling graduate students, counselors, and counselor educators

University of Holy Cross
New Orleans, Louisiana

www.uhcno.edu

in partnership with

National Board of Certified Counselors
International Capacity Building

www.nbcc.org

March 13-26, 2022
Tuscany, Italy

The institute experience:

- This institute provides the opportunity to learn about play therapy from Italian and American experts. It offers the comfort and security of a planned itinerary that includes an American guide who is fluent in Italian. Participants stay the entire institute in the same room in a magnificent 16th century villa that features a spectacular view of the Tuscan hillside or in a nearby modern apartment complex. Classes are held in a beautiful renovated chapel. Visits to a small Italian village are possible that provide a flavor of Italy that can only be experienced in the rural countryside. Major cities in Tuscany will be visited, including the culturally rich city of Florence as well as Pisa, Siena, Lucca, Greve, and San Gimignano.

- The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs. Dr. Teresa Christensen, APT Approved Provider 07-197, is the program director who is responsible for reviewing and approving all play therapy continuing education provided at this institute.
Cost:

- $2,195 United States Dollars (USD) Program Fee
  - ($850 USD additional for a single room with a shared bath)

Included in the program fee:

- Room (shared room with shared bath); Single rooms with a shared bath available for additional fee of $850 USD
- Most meals
- 25 continuing education hours (including 3 hours in ethics)
- All transportation within Italy
- Health and travel Insurance
- Entry to two museums in Florence
- English speaking institute guide throughout trip
- Local guide in Siena
- 3 academic credits for degree-seeking University of Holy Cross students
- ½ tuition for students at other universities earning academic credit at the University of Holy Cross

Not included in the program fee:

- Your roundtrip airfare from your home to Rome, Italy
- Lunches on day trips to ancient cities
- Hotel room at Rome Airport or in Rome the evening of arrival and the evening prior to the flight back to the United States
- Wine, soft drinks, and snacks at the villa
- Personal purchases and gifts
- Tuition for participants who wish to earn academic credit if they are not University of Holy Cross degree-seeking students. See details below.

Rooms for the Institute

- Some rooms share baths.
- Most rooms are in the villa or collonica at Casa Cares. See http://www.casacares.it. Some participants stay in modern apartments that are located a 10-minute walk or quick free shuttle ride from the villa. Apartment residents have kitchens and living areas in shared apartments. See these websites to view the apartments: https://www.facebook.com/Casa-Vacanze-SantAgata-1461973050734207/ and http://www.casavacanzesantagata.com/index.html
- Participants will share rooms and bathrooms with one or more other participants unless the single room fee of $850 USD extra is paid.
- Roommate requests will be granted to the extent possible.
- Participants will be asked their room preferences, but room locations are not guaranteed.

Credit options at the University of Holy Cross:

- 3 graduate credits in counseling (master’s or doctoral level)
- 3 undergraduate credits in psychology or counseling
COVID-19 Announcement:

We anticipate that international travel will have returned to normal by March of 2022. However, if Italy or the United States imposes any type of restrictions on international travel at that time, participants will have to conform to participate in an institute. It is possible that either Italy or the United States may require either proof of COVID-19 vaccinations or of a recent negative COVID-19 test, but there is no way to know for sure at this time.

Application Information:

To apply for the institute, click on this link, complete the application, and submit your payment:


You can either pay the deposit (and make two additional payments) or make the full payment when you apply. There is no deadline for applying, but once the institute has filled, no additional participants will be accepted. Capacity is limited so early applications are encouraged.

Payment Information:

Program Fee: $2,195 USD

Payment Schedule: $300 USD deposit due upon application; $948 USD due on November 1, 2021; and final payment of $947 USD due on January 7, 2022. (Note: If a single room is requested, the final payment will be $1,797 USD.)

Financial Aid: Students who receive loans for their education may be eligible for increased loan amounts the semester they enroll in a study abroad program. Students who wish to make a presentation at an institute might be able to apply at their universities for travel to refereed conferences, if such funding exists. Very few grants exist for international study abroad experiences. If you need a budget for the institute to give to your financial aid officer at your university or if you need additional information about financial aid, contact the program director, Dr. Ted Remley at tremley@uhcno.edu.

Refunds:

Deposits: Deposits of $300 USD not refundable.

Participants Who Withdraw: Payments made in addition to the $300 USD deposit are fully refundable until December 1, 2021 if participants withdraw. From December 1, 2021 to January 15, 2022, participants who withdraw will receive a refund of payments made in addition to the deposit less $1,000 USD due to nonrefundable deposits that will have been previously paid for participants and administrative costs. After January 15, 2022, participants who withdraw will receive no refund.

Institute Cancelation Policy: Three months prior to the institute, if enrollment is not sufficient, the institute will be canceled, participants will be notified, and all payments made to the University of Holy Cross for the institute will be refunded to participants. Participants are cautioned that if they purchase air tickets for travel to the institute that are nonrefundable or that include an itinerary change penalty and the institute is canceled due to low enrollment or for any other reason beyond the control of the university, they will be responsible for any financial loss related to such airfare purchases. This will be the 16th year of institutes in Italy and the Italy Play Therapy Institute has never been canceled in the past due to low enrollment, but was canceled in 2020 and 2021 due to the COVID pandemic. The institute often fills up in November or December of the previous year.

Approved Provider Information

Dr. Teresa Christensen, APT Approved Provider 07-197, is the Program Director who is responsible for reviewing and approving all play therapy continuing education provided at this institute.

The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs.
Institute is an Educational Group Experience

Participants in this institute are members of a large group and must be prepared to be part of a group educational experience. Individuals must be on time for bus trips, take other participants into consideration regarding noise at night, and generally be considerate members of a group. Participants (including faculty, students, professionals, and non-counselors) must make a commitment to arrive on the date and time the institute begins and stay until the date and time that the institute ends. If other obligations or personal interests will preclude participants from being with the group throughout the entire institute, individuals should not apply. Participants who need medical attention for respiratory problems, allergies, or similar conditions should secure antibiotics or other medication from physicians before leaving from the United States. Individuals who have medical conditions that would require the attention of a physician during the institute should not apply (emergency physician or hospital visits are possible if necessary). During the institute, participants may not engage in any of the following activities: arrive after the institute begins or leave before the institute is over; rent cars to be used while the institute is in session; plan trips to cities other than those scheduled for the institute; spend nights away from the villa; or engage in other activities that interfere with the group nature of the experience for other participants. It is acceptable for participants to schedule personal trips within Italy or to other countries prior to or after the institute. Individuals who wish to visit other cities on their own while they are in Italy must schedule their visits either prior to the institute beginning or after the institute has ended. It is acceptable for participants to arrive at Casa Cares at the beginning of the institute on their own or leave Casa Cares for personal trips after the institute is over on their own rather than taking the bus back to Rome.

Non-Counselor Participants

Many non-counselors and non-mental health professionals have participated in this institute in the past. Some have come on their own, and others have been spouses, partners, children, relatives, or friends of participants. All participants will receive 25 continuing education hours. All lectures and workshops are open to all participants, but for non-counselors are optional. Non-counselor participants must attend some sessions including orientation and closing meetings. Non-counselors are welcomed to participate in the institute, but there are no discounts for participants who are not mental health professionals, even if they cannot use the continuing education hours they earn. Only institute participants are allowed to stay at the institute site during the dates of the institute.

For further information on the study institute contact
Dr. Ted Remley, Director at tremley@uhcn.edu
Casa Cares near Reggello, Italy
See http://www.casacares.it
Seeing Italy Before or After the Institute: Since round trip airfare from the United States to Rome's Fiumicino Airport is individually arranged, participants may travel to Italy early and join the group in Rome or in Reggello. Participants should arrive in Rome at least one day prior to the beginning of the institute to avoid the possibility of missing the bus to Casa Cares if their flight is late. Participants may stay over after the institute ends if they wish to further explore Rome or other parts of Italy or Europe on their own. Those who stay afterwards may choose to return home from a city other than Rome.
Daily Schedule for 2022

- March 13 (Sunday): Depart U.S.
- March 14 (Monday): Arrive in Rome and stay overnight (hotels individually booked by participants)
- March 15 (Tuesday): Be at Rome’s Fiumicino Airport no later than 11:30 am; Bus to Casa Cares departs noon (or sooner if everyone arrives by 11:30 am), Overview of the institute and introductions in the afternoon
- March 16 (Wednesday): Seminars at Villa
- March 17 (Thursday): Visit Florence; Uffizi Gallery
- March 18 (Friday): Seminars at Villa, Dinner at Ristorante Archimede
- March 19 (Saturday): Visit Greve & San Gimignano
- March 20 (Sunday): Seminars at Villa
- March 21 (Monday): Visit Siena
- March 22 (Tuesday): Seminars at the Villa
- March 23 (Wednesday): Second day in Florence; Lunch at the Rowing Club, Societa Canottieri; Statue of David
- March 24 (Thursday): Visit Pisa and Lucca
- March 25 (Friday): Bus to Rome’s Fiumicino Airport departs at 10:00 am; Arrives at airport at 3:00 pm overnight stay in Rome (hotels individually booked by participants)
- March 26 (Saturday): Depart Rome for U.S.

Participants in 2019 Institute

Faculty Leaders

- Dr. Ted Remley
- Dr. Terry Christensen
- Dr. Kathleen Levingston
Affiliate Faculty Members

- Dr. Katy Barrington
- Dr. Jennifer La Civita

Institute Host

Dr. Paul Krieg

Dr. Paul Krieg is our host for the institute. He will accompany us through the institute. He was the Director of Casa Cares during his career, met his wife Antoinette who is from Switzerland at Casa Cares, and they raised their two children, Luca and Leah, at Casa Cares. He grew up in Milwaukee, Wisconsin, holds a master’s degree in counseling and a PhD in special education and now lives in Reggello. Dr. Krieg speaks Italian fluently and enjoys telling guests about Tuscany, Italy, olive oil, wine, art, and history.

Institute Director

Dr. Ted Remley

Dr. Ted Remley is the Director of the institute. He is a lawyer and counselor and is a former Executive Director of the American Counseling Association. Dr. Remley is a professor in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana.
### Institute Program Director

Dr. Terry Christensen

Dr. Terry Christensen is the Program Director. Dr. Christensen is a full professor of Counseling at Regis University in Denver, Colorado. She is a Registered Play Therapist Supervisor. Dr. Christensen maintains a part-time private practice where she has counseled children, adolescents, and families for over 20 years.

### Institute Play Therapy Faculty Member

Dr. Kathleen Levingston

Dr. Kathleen Levingston is a Play Therapy Institute faculty member. She is the Faculty Support and Development Coordinator of the School of Counseling at Walden University. Dr. Levingston is a Licensed Professional Counselor and a Registered Play Therapist Supervisor specializing in counseling children, adolescents, and their families.

### Affiliate Faculty Members

Dr. Katy Barrington

Dr. Katy Barrington is an institute affiliate faculty member. She is an associate professor and art therapy faculty member in the Masters of Counseling Psychology Art Therapy Program at the Adler University in Chicago, Illinois. Dr. Barrington is a Board Certified Registered Art Therapist (ATR-BC) as well as a Certified Thanatologist (CT), as
Dr. Barrington's specialization is in death education, particularly as it involves families experiencing the loss of a loved one in hospice situations.

Dr. Jennifer La Civita is an institute affiliate faculty member. She is a professor and is Chairperson of the Master of Arts in Counseling Psychology: Art Therapy Department at Adler University in Chicago, Illinois. She has over 30 years of experience working in the field of education as a teacher, artist, psychotherapist, art therapist, learning and behavior specialist, and administrative and education consultant. Her private practice of 12 years, La Civita HealthCare, offers all forms of Adlerian Art Therapy: individual and family therapy, as well neuropsychoeducational testing, using a gentle therapeutic approach towards increased wellness, and fostering healthy living through positive psychology.

Motion Sickness?

Caution: If you tend to experience motion sickness, please be advised that the institute involves several bus rides through the Italian countryside on winding roads. If motion sickness is a serious problem for you, then you may not want to participate in this institute. If medication can control motion sickness for you, then be sure to bring a supply with you and sit near the front of the bus. The front two rows of seats in the bus are reserved for faculty members and guides, but seats near the front will be available for you if you believe your motion sickness will be alleviated by sitting near the front.

Vegetarians
The outstanding chefs at Casa Cares are vegetarian friendly. Even vegans are welcomed. But don't worry carnivores; there are plenty of meat dishes as well. If you have special dietary needs, be sure to list them on your application.

CREDIT COURSE OPTIONS

Participants who will earn academic credit and continuing education hours are required to attend program sessions.

Tuition is waived for degree-seeking University of Holy Cross students. University of Holy Cross students may earn 3 academic credits for their participation in the institute without paying tuition.

Participants who are students at other universities may earn academic credit for their participation in the institute at their home college or university or from the University of Holy Cross. Participants who are students at another university may either earn credits at the University of Holy Cross (and pay the tuition to the University of Holy Cross at one-half the tuition rate) and transfer the credits back to their home institutions, or, if a faculty member at the student’s home institution agrees, the student may earn academic credit (and pay tuition) at their home institution. There is a $120 USD fee charged for each credit course. Participants at other colleges or universities who wish to earn credit at the University of Holy Cross must submit an application as a non-degree special student and register prior to the beginning of spring semester (which begins in January).

Those who wish to earn credit at their home college or university should contact Dr. Ted Remley at tremley@uhcno.edu for details regarding that possibility. A professor at that university must be willing to offer an independent study course that includes the institute experience and the program must be willing to accept the credits as transfer credits, plus students must pay full tuition for the course at their universities.

Participants who wish to earn 3 academic credits at the University of Holy Cross may choose from the options described below. If you wish a syllabus for one or more of these courses, contact the institute director, Dr. Ted Remley at tremley@uhcno.edu. It is possible other courses for institute participation may be offered at other universities.

Undergraduate Course Options at the University of Holy Cross

COU 300: Special Topics: Play Therapy in Italy
   An elective undergraduate 3 credit counseling course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

PSY 400: Special Studies: Play Therapy in Italy
An elective undergraduate 3 credit psychology course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Master’s Level) at the University of Holy Cross

COU 640: Special Topics in Counseling: Play Therapy in Italy
An elective master’s-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Doctoral Level) at the University of Holy Cross

COU 815: Doctoral Seminar in Clinical Studies: Play Therapy in Italy
An elective doctoral-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

For further information, contact:
Dr. Ted Remley
Department of Counseling and Behavioral Sciences
University of Holy Cross
4123 Woodland Drive
New Orleans, LA 70131
tremley@uhcno.edu

Additional International Counselor Institutes in 2022:

If you cannot attend this institute because the dates do not work for you, because it is full, or if you wish to consider other international counselor institutes offered by the University of Holy Cross and led by Dr. Ted Remley, contact Dr. Ted Remley at tremley@uhcno.edu for detailed information. The following additional counselor institutes will be held in Italy and Ireland in 2022:

A Counselor’s View of Italy (1st 2022 institute):
May 10-27, 2022

A Counselor’s View of Italy (2nd 2022 institute):
May 28 – June 14, 2022

A Counselor’s View of Ireland (1st 2022 institute):
July 13-23, 2022

A Counselor’s View of Ireland (2nd 2022 institute):
July 27 – August 6, 2022